## Beyond the Now

### The Future of Successful Facilities is in the 3 W's

FEFPA WINTER CONF.



## WHO WE ARE







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**DESIGN PRINCIPAL** *Little Diversified Architectural Consulting* 

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## SEAN TRACY

**PRINCIPAL** Little Diversified Architectural Consulting



# P

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**CMTA Inc.** Provider Number #401104249

Beyond the Now – The Future of Successful Facilities is in the 3 Ws

### HP-106

Tomas Eliaeson, Sean Tracy, Tracy Steward March 3, 2021







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#### **Course Description**

Over the past several months The CDC's 3 Ws have been at the center of our health and wellness – Wear a Mask, Wait 6-feet apart and Wash your hands. As we think about educational facilities now and beyond COVID-19, we look toward an additional set of 3 Ws – Win, Win, Win. This presentation will focus on how facilities achieve the three "Wins" of High Performance (both in buildings and in students), Sustainability and Financial Investment while maintaining a sharp focus on learning environments that promote occupant health and wellness. We'll dive into energy auditing, revamping HVAC systems, combating sick building syndrome and creating resiliency while weaving the financial thread that impacts your school system now and in the future.



### Learning Objectives

At the end of this course, participants will be able to:



1.Explain how Wellness can elevate student outcomes by increasing comfort to those returning to the classroom and interpreting research on IAQ, lighting and acoustics. 2. Demonstrate how to successfully implement high performance to resiliency by evaluating the prescriptive measures that are recognized by ASHRAE, LEED and WELL.





 Identify Life Cycle Cost and ROI by distinguishing cost-effective wellness and sustainability features in buildings and identify options for funding under the CARES Act. 4. Analyze the synergy in wellness and sustainability through a case study at NeoCity Academy in Osceola County Schools.



## AGENDA

#### 1<sup>st</sup> WIN - Explain how Wellness can elevate student outcomes

- Understanding the connection between neuroscience, wellness and learning
- Increasing comfort to those returning to the classroom
- Interpreting research on IAQ, lighting and acoustics

## 2<sup>nd</sup> WIN - Demonstrate how to successfully implement high performance to resiliency

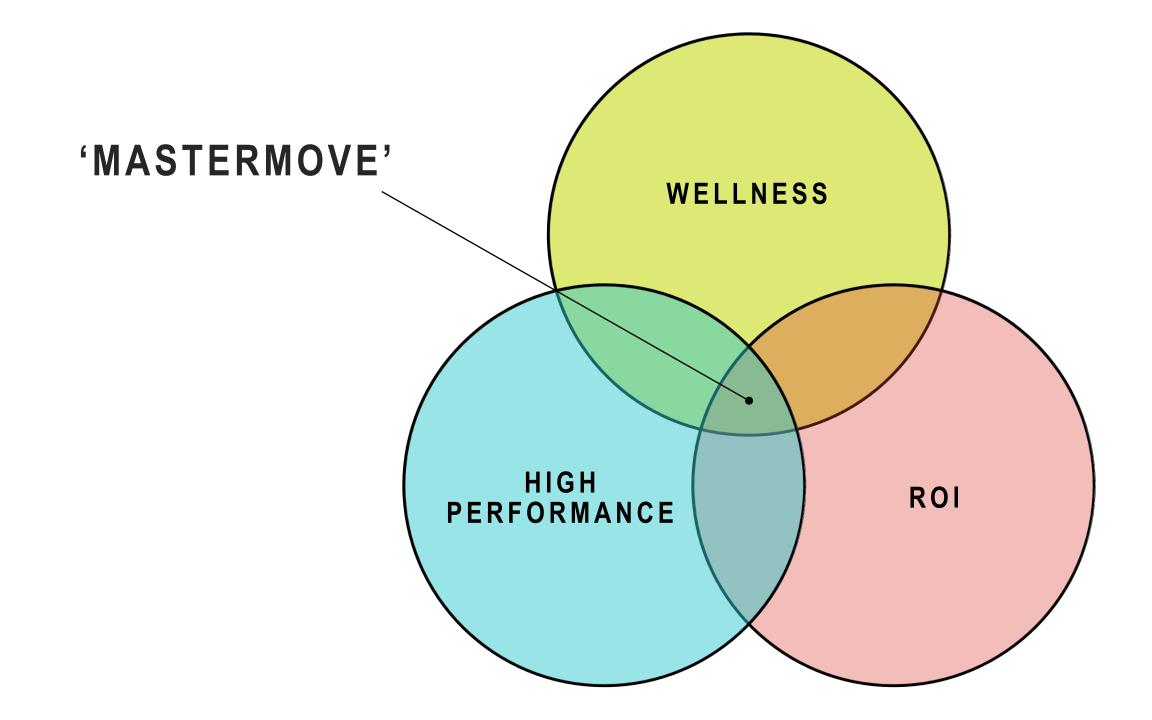
- Internalizing "The Why" of sustainability, resiliency and regeneration
- Learning the ABC's of a high performance project
- Evaluating the prescriptive measures (recognized by ASHRAE, LEED and WELL)

#### <sup>3rd</sup> WIN - Identify Life Cycle Cost and ROI

- Distinguishing cost-effective wellness and sustainability features
- Identifying options for funding under the CARES Act

#### MASTERMOVE - Analyze synergies in wellness, sustainability and cost

Case study at NeoCity Academy in Osceola County Schools









K FEFPA Winter 2021 Presentation



When poll is active, respond at PollEv.com/heatherm550
Text HEATHERM550 to 22333 once to join

## Do you believe that Wellness should be prioritized in the design of future schools and renovations of existing schools?

Yes

No

K FEFPA Winter 2021 Presentation

When poll is active, respond at PollEv.com/heatherm550
Fext HEATHERM550 to 22333 once to join

## How will COVID-19 change the way you approach the design of Learning Environments?

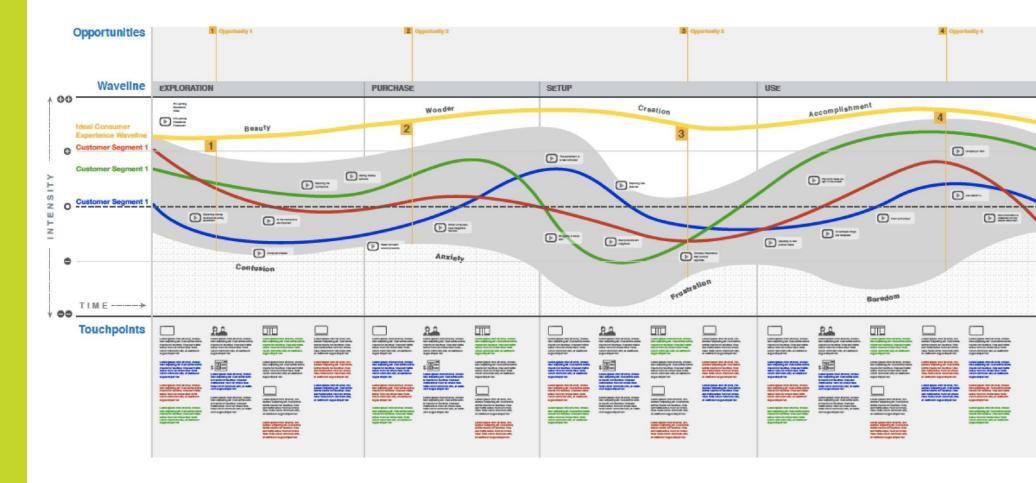
No change

Small modifications (systems - HVAC, Plumbing, Lighting, Interior Materials)

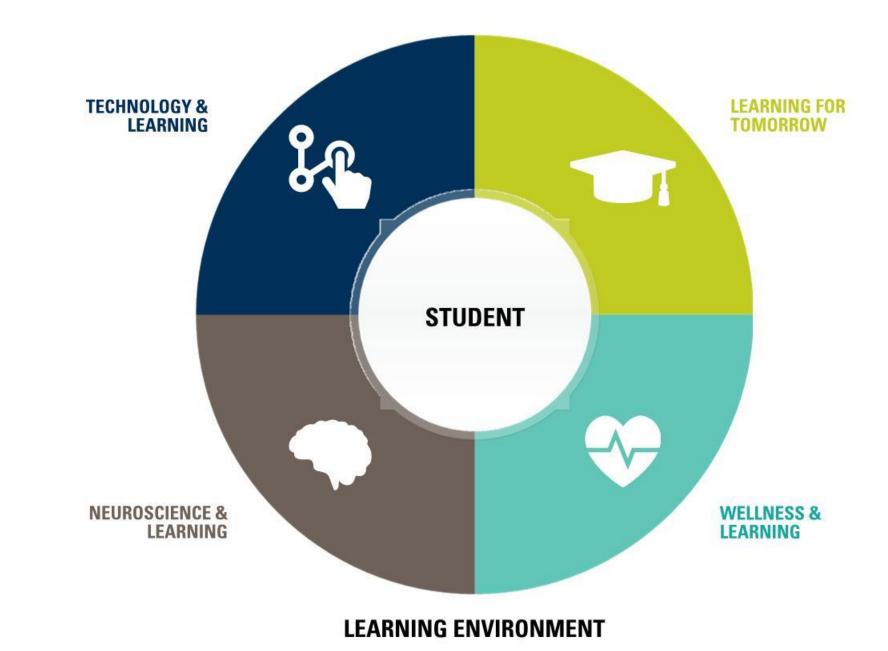
Considerable Modifications (Systems – HVAC, Plumbing, Lighting, Interior Materials)

Large Scale Modifications (Systems - HVAC, Plumbing, Lighting, Interior Materials)

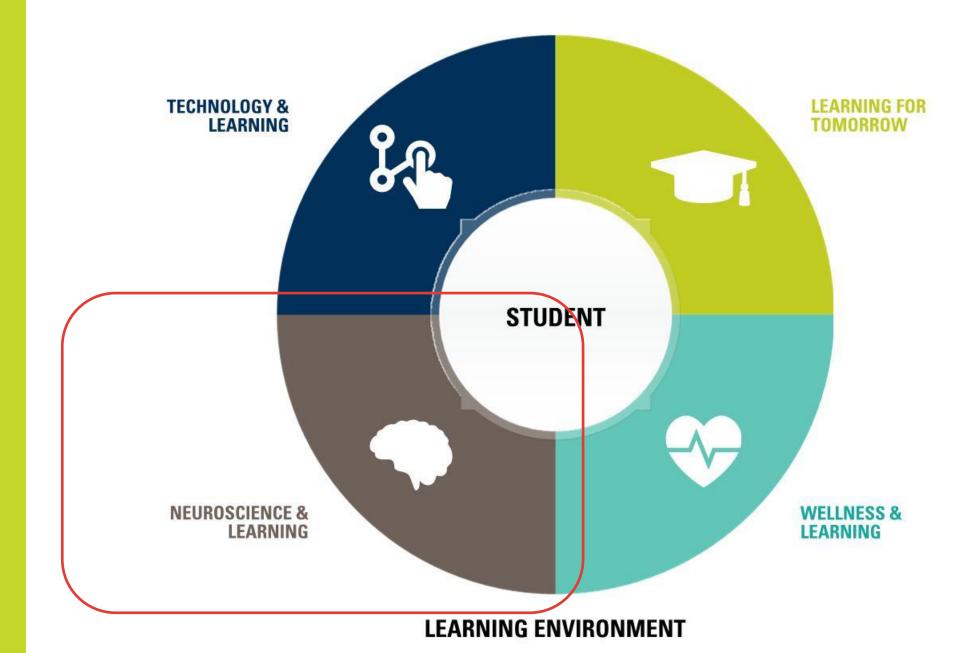
## **AUGMENTATION** ... OF YOUR STUDENT'S EXPERIENCE



#### LEARNING FOR THE IMAGINATION AND INNOVATION ECONOMY

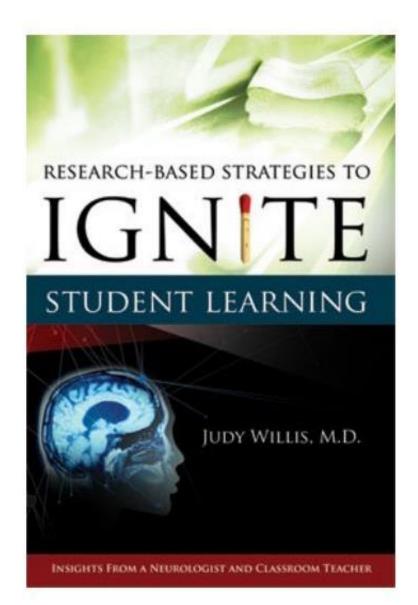


LEARNING FOR THE IMAGINATION AND INNOVATION ECONOMY

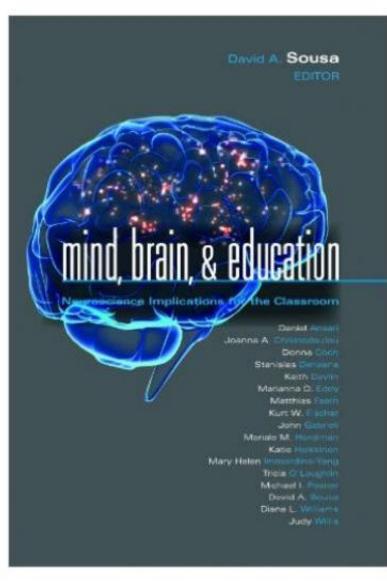




## THE LEARNING BRAIN



THE SURPRISING TRUTH ABOUT AND WHY IT HAPPENS BENEDICT CAREY "THIS BOOK IS A REVELATION" - MARY ROACH



#### THE HUMAN BRAIN

With 100 billion cells and 500 trillion connections, this part of the brain allows us to solve difficult problems and navigate a very complex social world. It's also responsible for imagination, culture and the ability to figure out what other people are thinking based on social cues.

#### THE MOUSE BRAIN

An extra layer of brain provides more memory and a wider range of emotions. That allows mammals to do things like learn from their experiences and anticipate danger, rather than merely reacting to it.

#### THE LIZARD BRAIN

This ancient brain is all about survival. When danger appears, it decides whether to fight or flee.



#### **HYPOTHALAMUS**

Sleep Center Circadian Rhythms Hormone Release

#### AMYGDALA

Alarm System Decoding Emotions Processing Memories

#### **HIPPOCAMPUS**

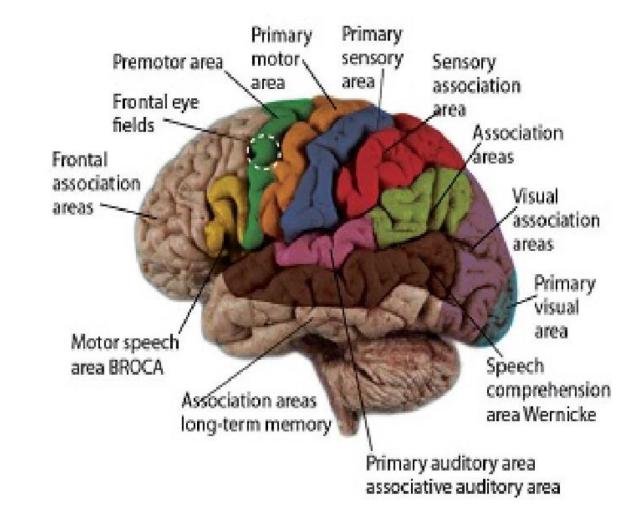
Formation & Recall Memories NOT Storage Orientation / Environment

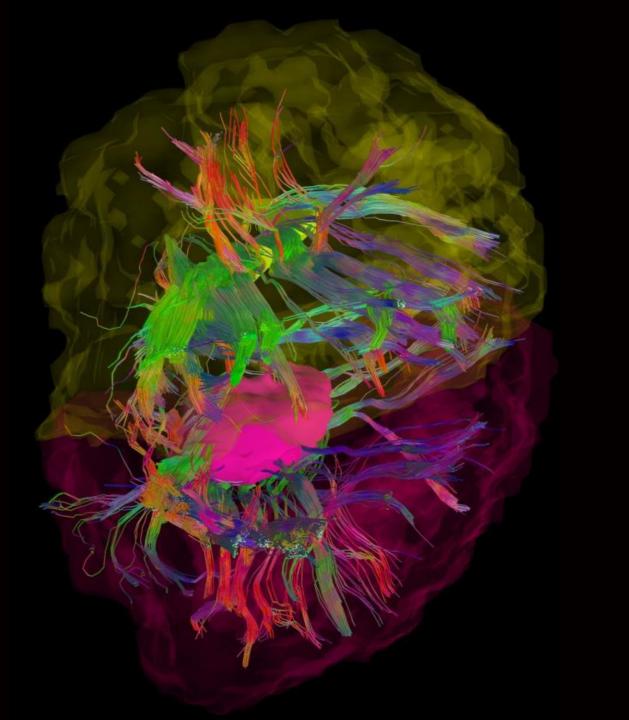
### THE STRUCTURES IN THE BRAIN

S. Wirth et al, 2003

# THE PROCESS OF MEMORIZATION

THE SOMATOSENSORY CORTEX AREAS - EACH INDIVIDUAL SENSE (HEARING, SMELLING, TACTILE, VISUAL, MOVEMENT) RECIEVES INPUT WHICH IS THEN CLASSIFIED OR IDENTIFIED BY COMPARING IT TO PREVIOUSLY STORED DATA.

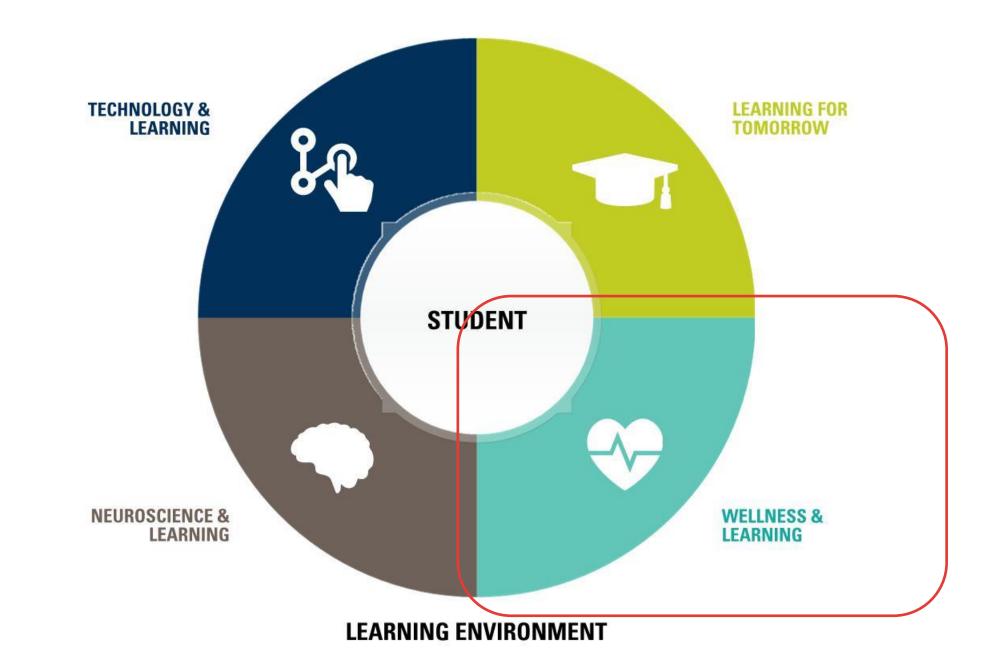




"IN THE CLASSROOM, **THE MORE WAYS THE MATERIAL TO BE LEARNED** IS INTRODUCED TO THE BRAIN AND REVIEWED, THE MORE DENDRITE PATHWAYS OF ACCESS WILL BE CREATED"

- JUDY WILLIS, IGNITE LEARNING







## **MOVEMENT** & THE BRAIN

NEUROGENERATION & NEUROPLASTICITY



The Association Between School-Based Physical Activity, Including Physical Education, and Academic Performance



U.S. Department of Health and Human Services Centers for Disease Control and Prevention al Center for Chronic Disease Prevention and Health Promotion Division of Adolescent and School Health www.cdc.aov/HealthWouth



Revised Version — July 2010 (Replaces April 2010 Early Release) "There is a direct relationship between student's academic achievement and health-related behaviors."

The Association Between School-Based Physical Activity, Including Physical Education, and Academic Performance



U.S. Department of Health and Human Services Centers for Disease Control and Prevention al Center for Chronic Disease Prevention and Health Promotion Division of Adolescent and School Health www.cdc.avviteelthWouth



Revised Version — July 2010 (Replaces April 2010 Early Release) "WELL features in learning spaces, such as promoting physical fitness, providing mental health support and education, reducing air and noise pollution, and engaging teachers and community members optimizes student well-being and academic performance, helping them reach their full potential"

"All eight studies found one or more positive associations between recess and indicators of cognitive skills, attitudes, and academic behavior; none of the studies found negative association"



"Eight of the nine studies found positive associations between classroom-based physical activity and indicators of cognitive skills and attitudes, academic behavior, and academic achievement"



David A. Sousa EDITOR

## mind, brain, & education

Neuroscience Implications for the Classroom

Daniel Ansari Joanna A. Christodoulou Donna Coch Stanislas Dehaene **Keith Devlin** Marianna D. Eddy Matthias Faeth Kurt W. Fischer John Gabrieli Mariale M. Hardiman Katie Heikkinen Mary Helen Immordino-Yang Tricia O'Loughlin Michael I. Posner David A. Sousa **Diane L. Williams** Judy Willis

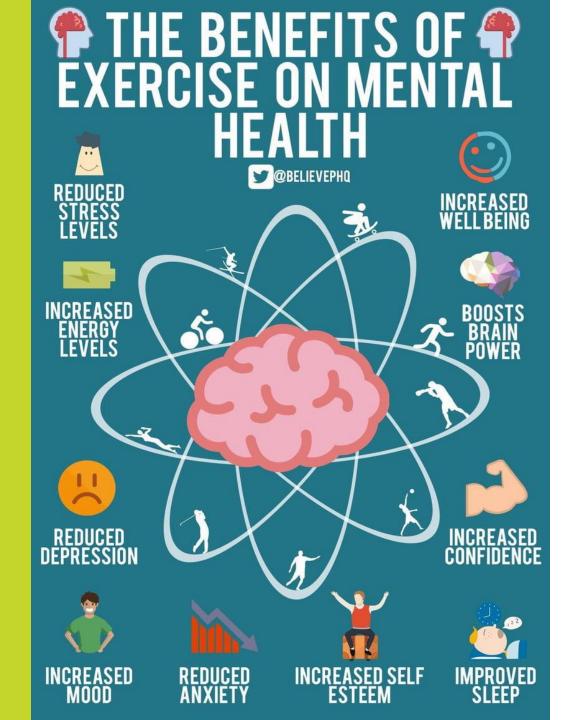
"

The typical Classroom Setting where students 'sit and get' was challenged by research findings showing that the brain is more active when learners are moving around.

Movement brings additional fuelcarrying blood to the brain. It also allows the brain to access more long-term memory areas, thereby helping students make greater connections between new and prior learning.

"

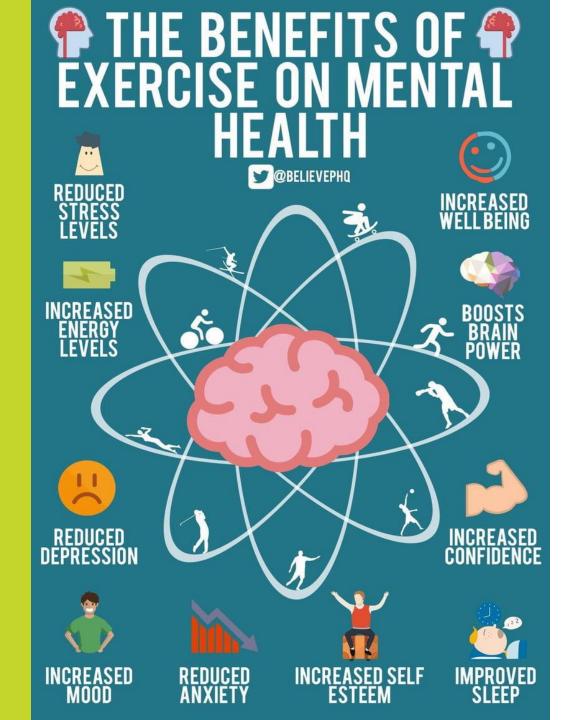
Dr. David A. Souza Mind, Brain, & Education, pg 15



## How Physical Activity Affects The Brain

Cognitive skills and motor skills appear to develop through a dynamic interaction. Research has shown that physical movement can affect the brain's physiology by increasing:

- Cerebral capillary growth.
- Blood flow.
- Oxygenation.
- Production of neurotrophins.
- Growth of nerve cells in the hippocampus (center of learning and memory)
- Neurotransmitter levels.
- Development of nerve connections
- Density of neural network.
- Brain tissue volume.



## How Physical Activity Affects The Brain

These physiological changes may be associated with:

- Improved attention.
- Improved information processing, storage, and retrieval.
- Enhanced coping.
- Enhanced positive affect.
- Reduced sensations of cravings and pain.

## Physical activity boosts brain activity

### LOWER BRAIN ACTIVITY

**BRAIN AFTER** 

**20 MINUTES OF** 

SITTING

BRAIN AFTER 20 MINUTES OF WALKING

### HIGHER BRAIN ACTIVITY

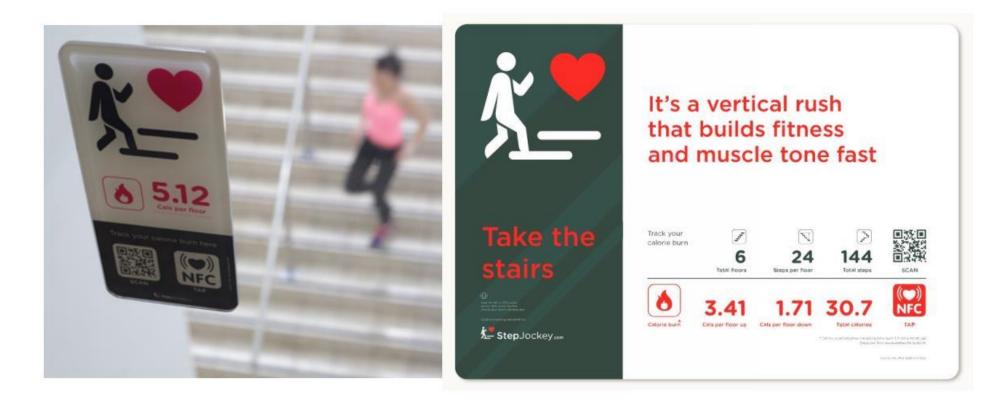
Children's average neural activity while taking a test after 20 minutes of sitting compared to 20 minutes of walking.

Used with permission from Charles Hillman, University of Illinois Council for a Strong America 2016





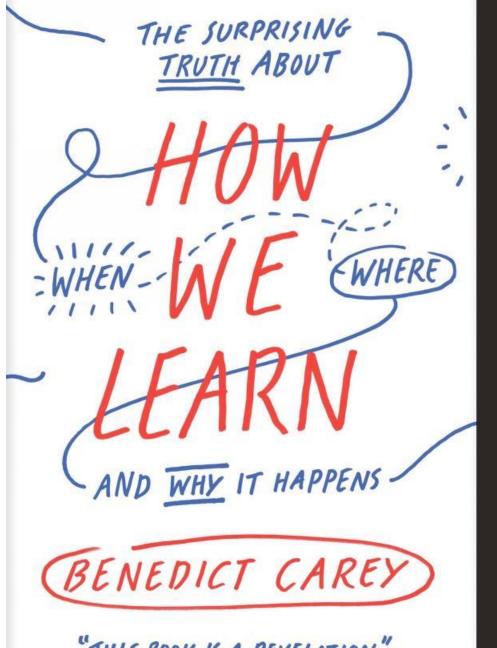
#### MORE LIKELY TO TAKE STAIRS AFTER SEEING SIGNS





## TIME & THE BRAIN CHRONOBIOLOGY &

CIRCADIAN RHYTHM



"THIS BOOK IS A REVELATION" - MARY ROACH

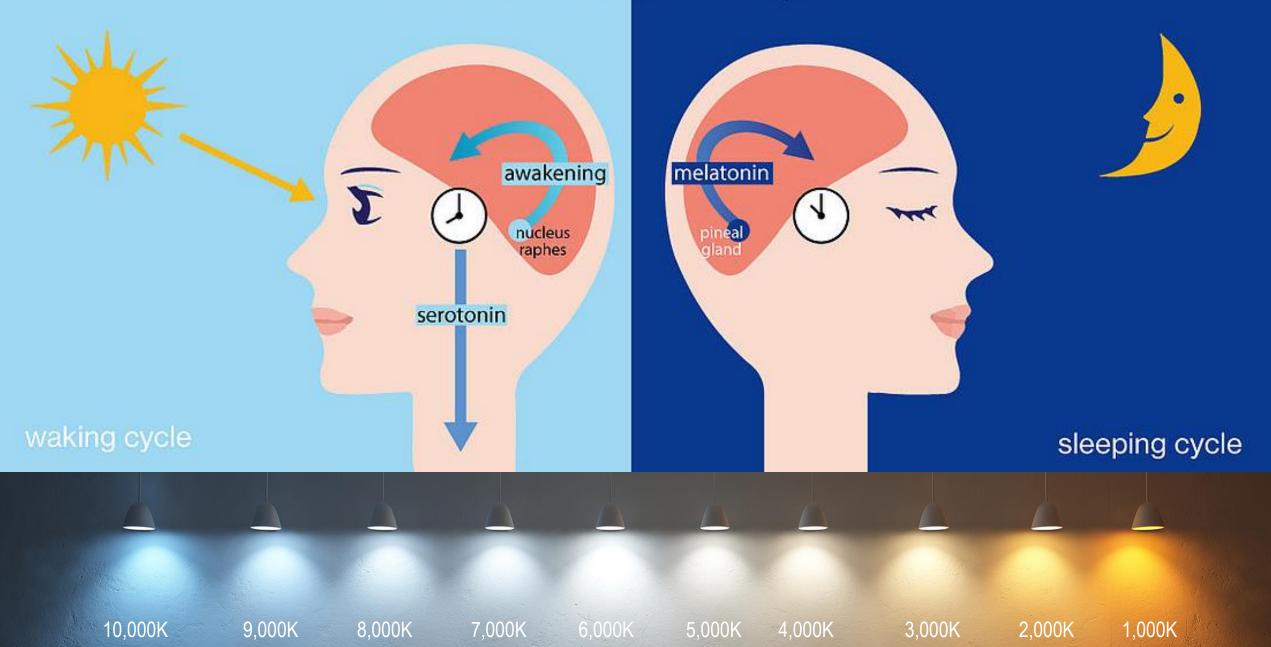
# "

The Brain is sensitive to mood, to timing, to circadian rhythms, as well as to location, environment. It registers far more than we are conscious of and often adds previously unnoticed details when revisiting a memory or learned fact....

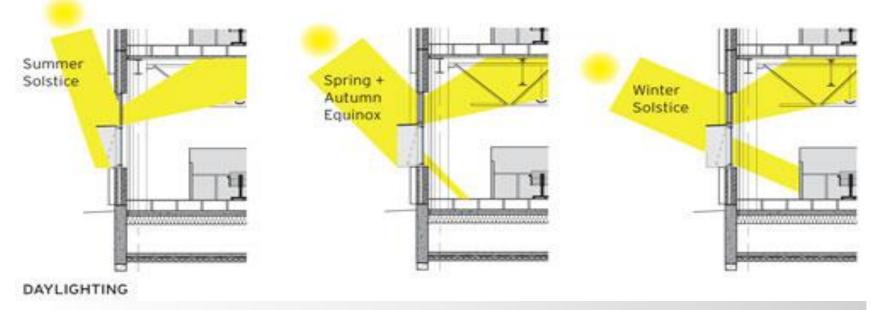
"

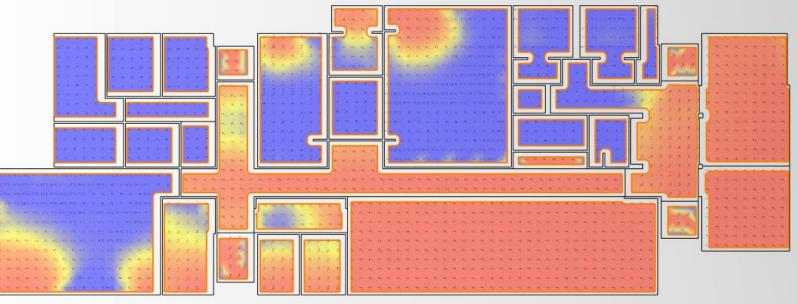
Benedict Carey How We Learn, pg 20

# The circadian rhythm



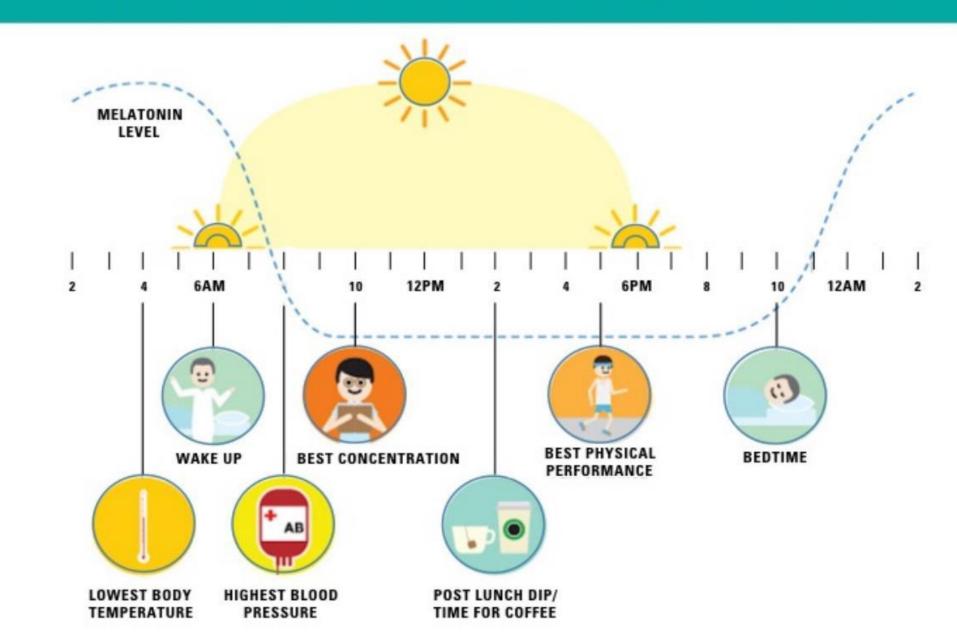
## DAYLIGHTING DESIGN





## MELANOPIC LIGHT & CIRCADIAN RHYTHM





1

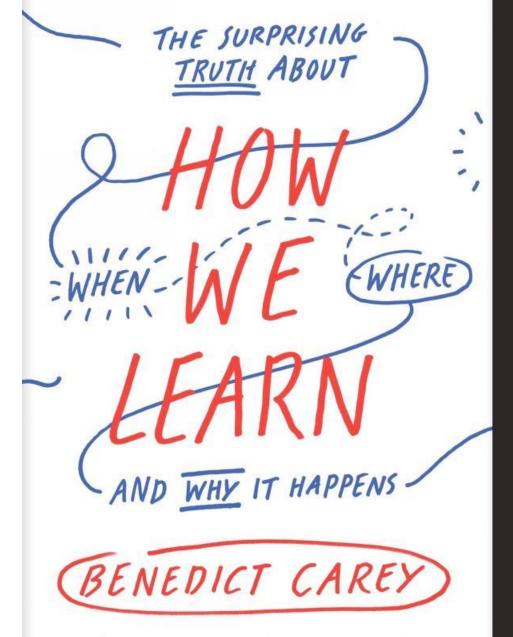


# **SLEEP &** THE BRAIN



SHORT TERM MEMORIES BECOME LONG TERM MEMORIES THROUGH SLEEP

Ζ



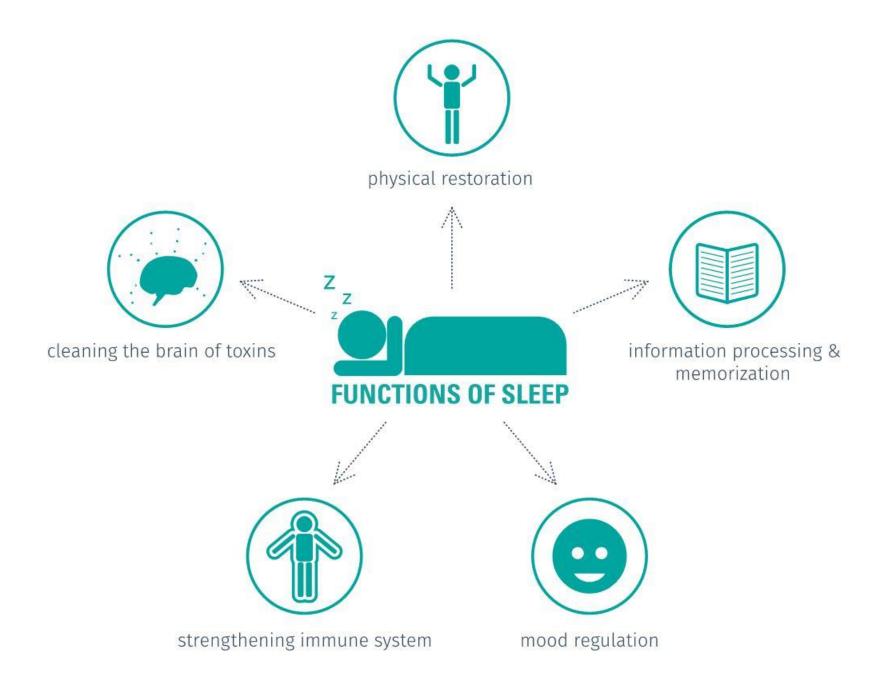
"THIS BOOK IS A REVELATION" - MARY ROACH

# "

... It [the brain] works hard at night, during sleep, searching for hidden links and deeper significance in the day's events. It has strong preference for meaning over randomness.

If the brain is a learning machine, then it is an eccentric one. And it performs best when its quirks are exploited.

Benedict Carey How We Learn, pg 20





# TREND SPATIAL VARIETY

THE NOVELTY NEURON IN OUR BRAIN IS CONSTANTLY LOOKING FOR SOMETHING TO DO. PROVIDING SPACES THAT SUIT A VARIETY OF NEEDS - BASED ON THE ACTIVITY AND PROCESSES TAKING PLACE IN THE SPACE - HELPS TO KEEP US ENGAGED, AND HOLD OUR ATTENTION.

"Scientists have found that we work more effectively when we continuously alter our study routines and abandon any 'dedicated space' in favor of varied locations."

Benedict Carey How We Learn, pg xiv

## ACOUSTICS



HVAC Background Noise

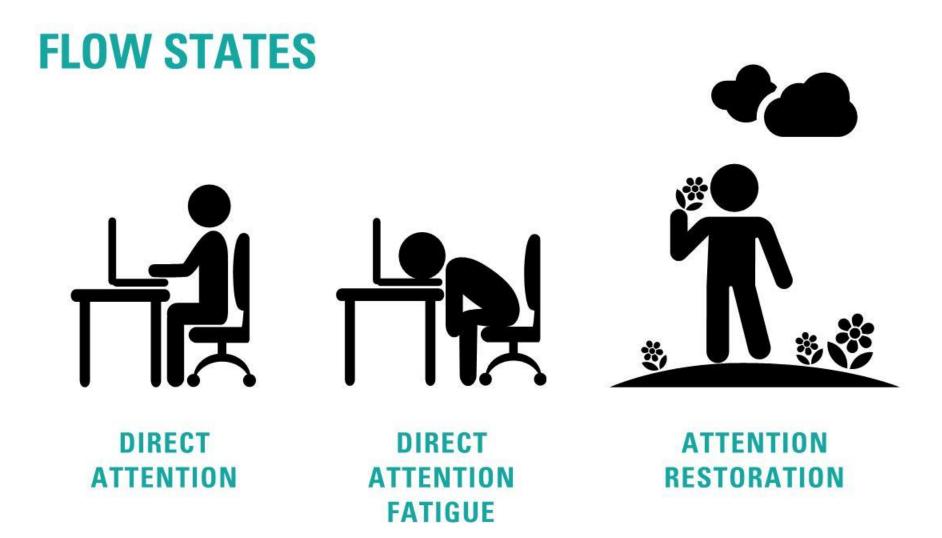
Sound Transmission



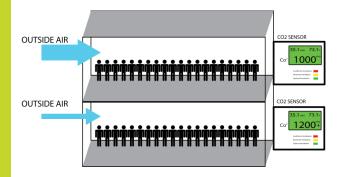


# **RESTORATION SPACE**

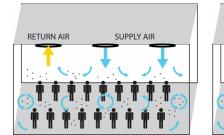
## ATTENTION RESTORATION THEORY

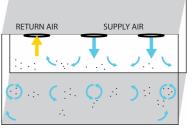


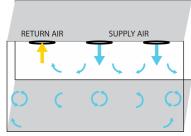
## INDOOR AIR QUALITY



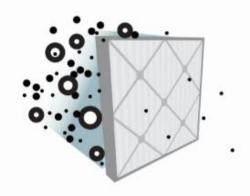
Increased Ventilation







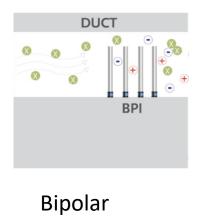
## **Building Flush**



MERV 13+



UV Lights



Ionization



Humidity Control

Filters





# NATURE & THE BRAIN BIOPHILIC DESIGN

## NATURE DEFICIT DISORDER





## TREND NATURAL VIEWS

STUDIES HAVE SHOWN THAT HUMANS ARE CALMED BY VIEWS OF NATURE. IT IS VESTIGE OF OUR EVOLUTIONARY MEMORY. KEEPING THE WINDOW LINE OPEN TO OUTSIDE VIEWS REDUCESS STRESS, IMPROVES HEART RATE AND HELPS PEOPLE RECHARGE THEIR ENERGY.

# MIND-BODY CONNECTION



## TREND COMMUNITY

COMMUNITY IS IMPORTANT TO THE HEALTH AND WELL BEING OF ALL HUMANS. THE WELL BUILDING STANDARD FOCUSES ON CREATING INTERIOR AND EXTERIOR ENVIRONMENTS THAT ARE HEALTHY PLACES FOR PEOPLE TO GATHER.



GET KIDS INTERACTING WITH ONE ANOTHER... I.E. CIRCLES, U-SHAPED SEATING ARRANGEMENTS

"The social context is extremely important to learning, not only in infancy, but in school-aged children, who use the social brain when they're collaborating with one another, when they're studying how another person goes at it, when they're watching the eyes, even unconsciously, of their study partner as they work towards a solution together."

Dr. Patricia Kuhl Learning and the Social Brain



"If you're not addressing the trauma, and the students are distracted, checked out, and falling increasingly behind, even the best curriculum won't matter."

Alex Shevrin Venet The How and Why of Trauma-Informed Teaching



"To support students who have experienced trauma, start by flipping the traditional classroom paradigm:

<u>Relationships have to come</u> <u>before content</u>, insisted dozens of educators"

Alex Shevrin Venet The How and Why of Trauma-Informed Teaching

22 million school days are lost to the common cold and 38 million to the flu. These numbers are startling, but they're also from 1996! Given that last year's flu was one of the worst on record and this year's is likely to eclipse it, the real numbers are likely higher.

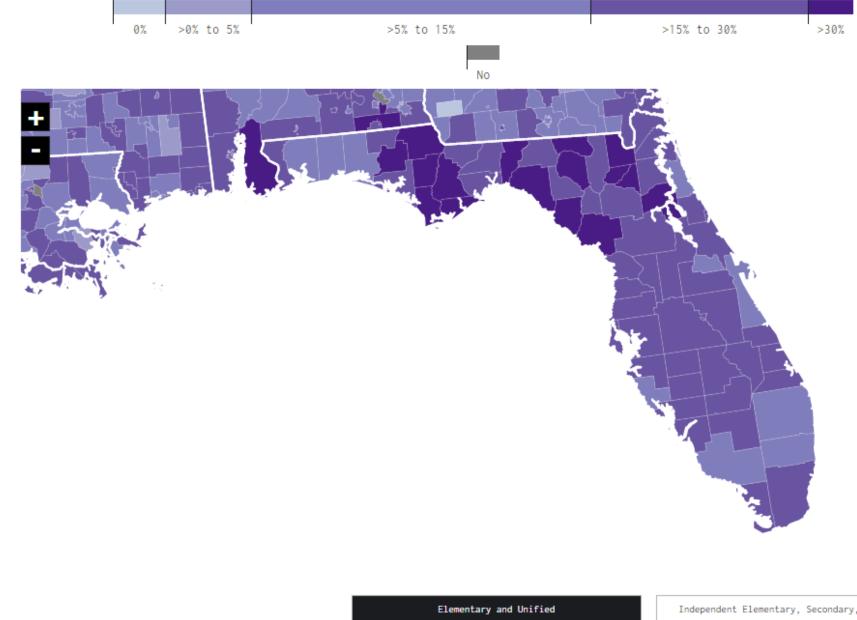
The Real Cost of Illness-Related School Absenteeism | Nilfisk US

The annual national cost of teacher absenteeism is estimated at \$25.2 billion, with \$4 billion due to stipends for substitutes and associated administrative costs.

Chronic Absenteeism in the Nation's Schools (ed.gov)



#### % of students who were chronically absent in (2015–16)



## GUIDELINES



## THE WELL BUILDING STANDARD™

SEVEN CONCEPTS FOR HEALTHIER BUILDINGS



2017 © INTERNATIONAL WELL BUILDING INSTITUTE PBC

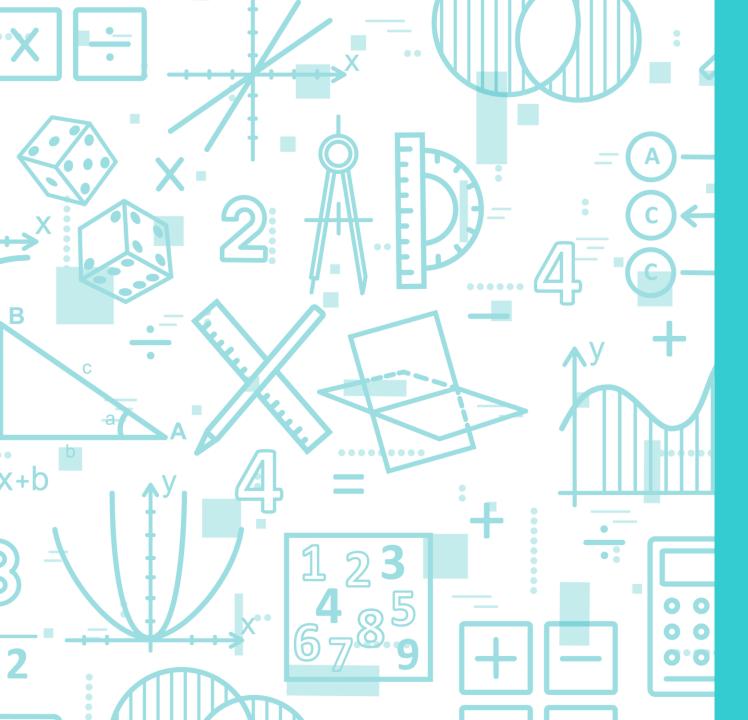
WELL HEALTH SAFETY RATING

## WELL HEALTH-SAFETY RATING

## STRATEGIES AND FEATURES



CLEANING AND	EMERGENCY	HEALTH	AIR AND WATER	STAKEHOLDER
SANITIZATION	PREPAREDNESS	SERVICE	QUALITY	ENGAGEMENT AND
PROCEDURES	PROGRAMS	RESOURCES	MANAGEMENT	COMMUNICATION
<ul> <li>Support Handwashing</li> <li>Reduce Surface Contact</li> <li>Improve Cleaning Practices</li> <li>Select Preferred Cleaning Products</li> <li>Reduce Respiratory Particle Exposure</li> </ul>	<ul> <li>Develop Emergency Preparedness Plan</li> <li>Create Business Continuity Plan</li> <li>Plan for Healthy Re- Entry</li> <li>Provide Emergency Resources</li> <li>Bolster Emergency Resilience</li> </ul>	<ul> <li>Provide Sick Leave</li> <li>Provide Health Benefits</li> <li>Support Mental Health Recovery</li> <li>Promote Flu Vaccines</li> <li>Promote a Smoke- Free Environment</li> </ul>	<ul> <li>Assess Ventilation</li> <li>Assess and Maintain Air Treatment Systems</li> <li>Develop Legionella Management Plan</li> <li>Monitor Air and Water Quality</li> <li>Manage Mold and Moisture</li> </ul>	<ul> <li>Promote Health and Wellness</li> <li>Share Food Inspection Information</li> </ul>



## SUSTAINABILITY / **RESILIENCY** / REGENERATIVE DESIGN





# P

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🙆 Edit

S When poll is active, respond at PollEv.com/heatherm550 Text HEATHERM550 to 22333 once to join

## Have you implemented High Performance Strategies in your schools?

Yes

No

# HIGH-PERFORMANCE/ ZERO ENERGY DESIGN

OUR NEW REALITY

# THIS IS NOT A PASSING TREND

89%

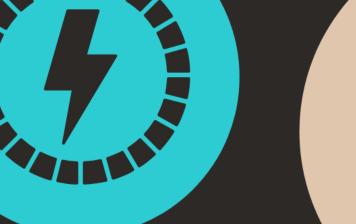
of Americans are very concerned about the environment



agree that saving energy helps the environment

# THERE IS A DEVASTATING RISK IF WE DO NOTHING





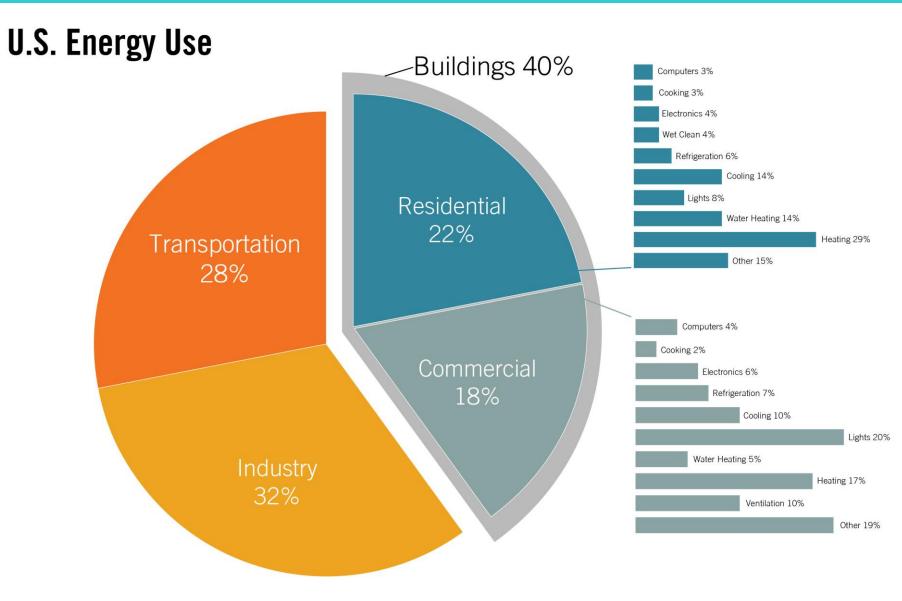


## ENERGY USE



36% of CO<sub>2</sub>

emissions

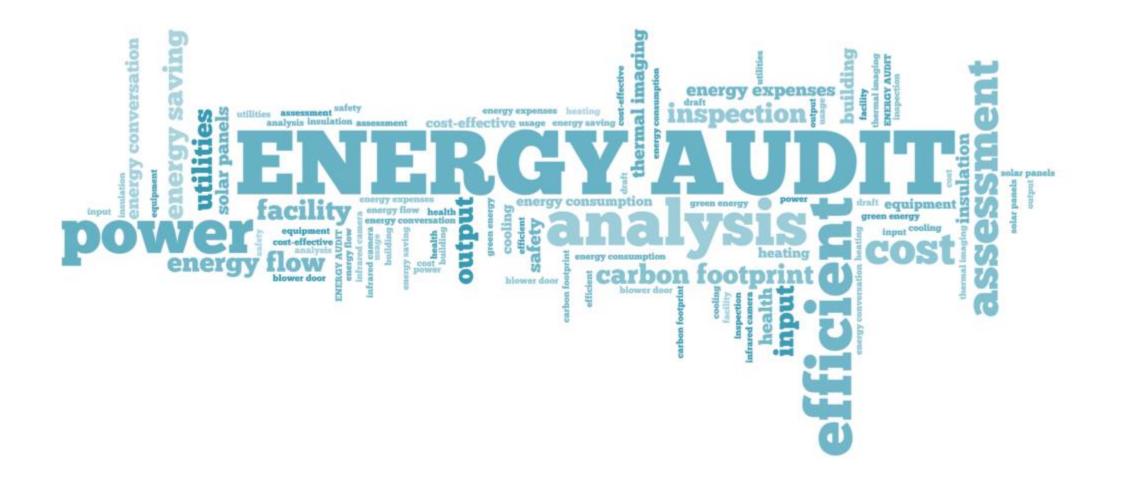


https://www.pae-engineers.com/news/articles/the-time-is-right-for-zero-energy-buildings

On average, high-performance schools can use between **65%–80% less energy** than conventionally constructed schools, and the remaining energy required is supplied by renewable energy.



### WHAT IS THE CURRENT EUI OF YOUR BUILDINGS?



•Review Policies/Procedures •Analysis

•Establish Goals - Workshop

#### Refinement

Building Audits / Savings
SD, Resiliency, Renewable Energy, Building Efficiency
Budgeting
Legal, Policy and Regulatory Screening
Subcontractor Pool Review External Stakeholder Engagement
Finance
Engineering Design and Bidding

•Community Outreach

Design and Finance

#### Implementation

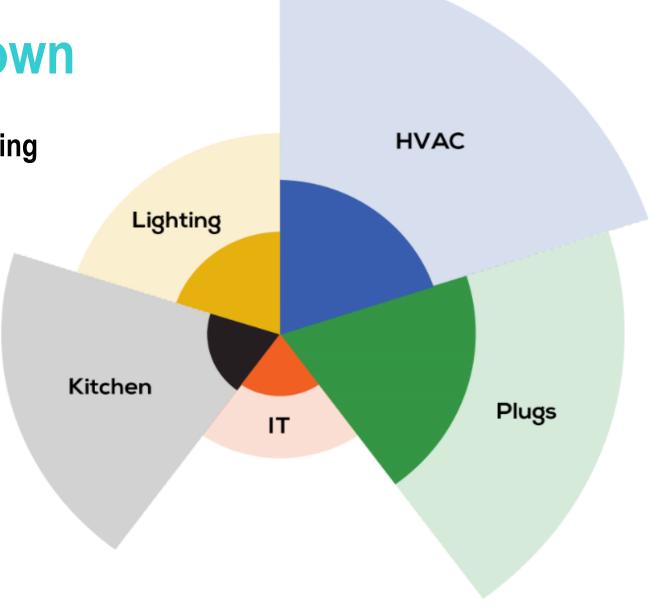
- •Construction Management
- •Commissioning and Monitoring
- Training
- System Monitoring
- •Measurement and Verification
- •Administration of Guarantee

#### Discovery

HIGH PERFORMANCE ENERGY & CARBON

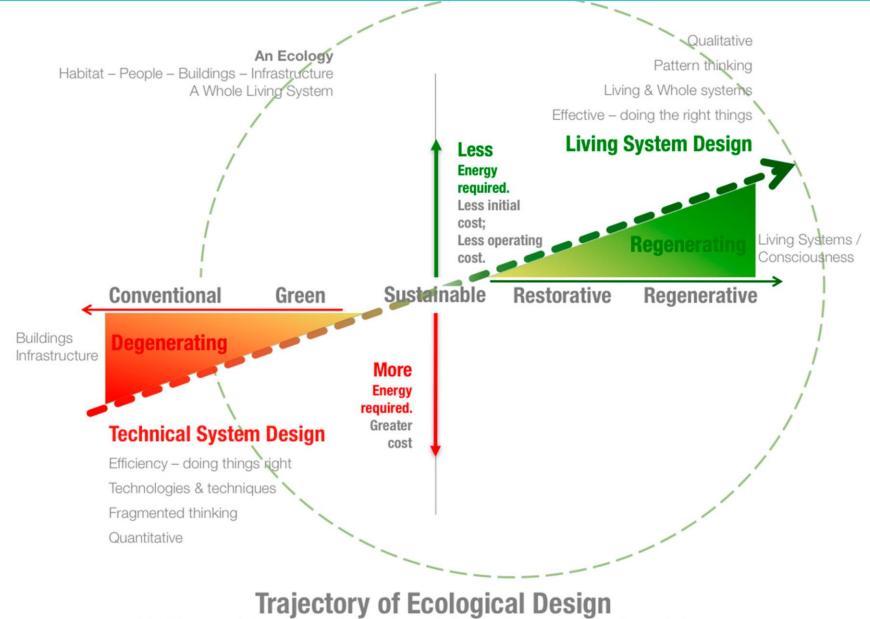
### **EUI Breakdown**

Typical Building vs. Net Zero Energy Building





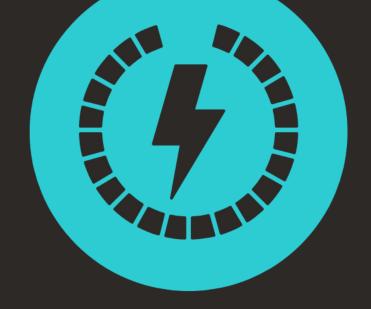
**REGENERATIVE DESIGN** 

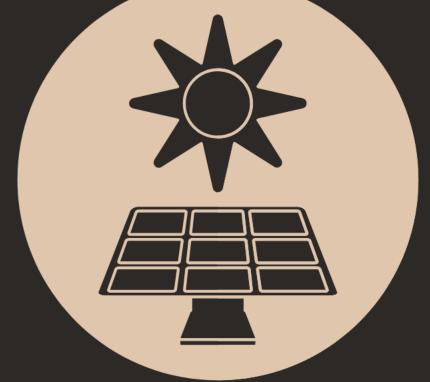


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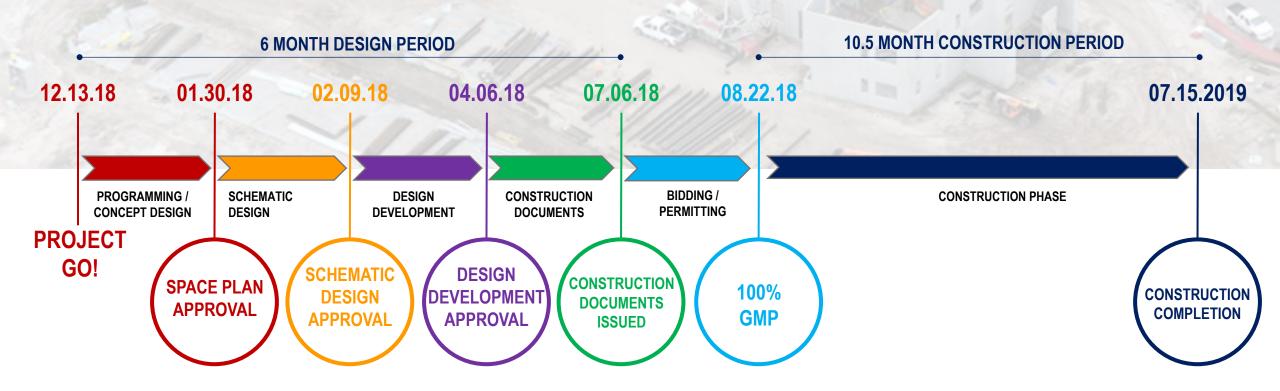
# IT DOESN'T TAKE LONGER TO BUILD A NET ZERO SCHOOL





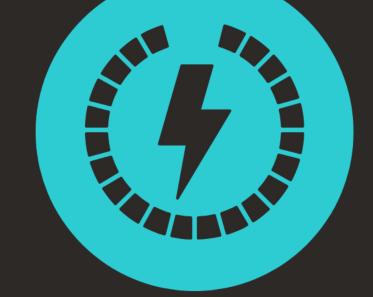


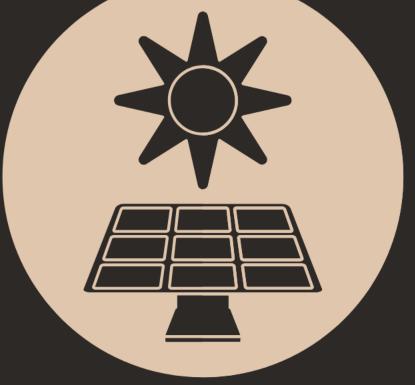
### **SCHEDULE WAS THE CRITICAL PATH**



# EUI: THE LOWER, THE BETTER



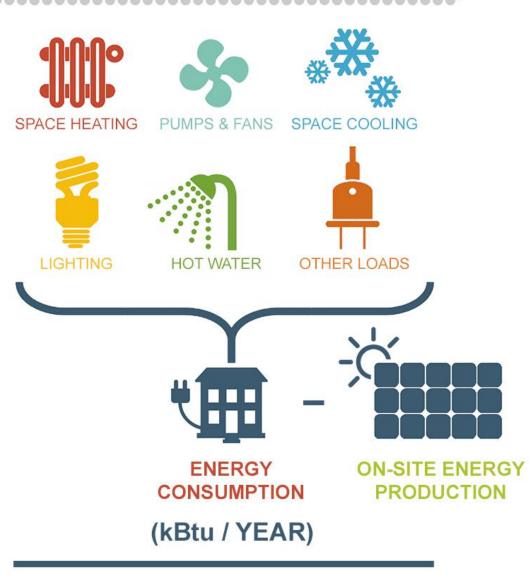




WHAT IS EUI?

Energy Use Intensity (EUI) ...the lower the number ...the lower the energy use

> A net-zero energy building returns as much energy to the power grid as it uses in a year



MEASURED FOR 365 DAYS

FLOOR AREA (SQ. FT.)

WHAT IS EUI?

Net Zero Energy doesn't mean 80 65 EUI 65 EUI 0 EUI 70 **55 EUI** 60 50 40 30 20 EUI 20 10 0

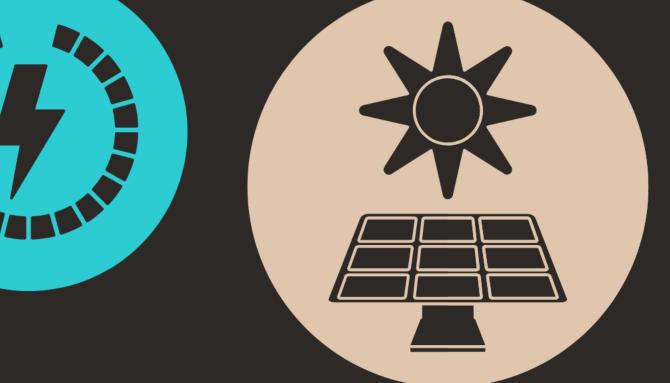
SDOC

Florida

**NeoCity** 

National

## IT'S NOT JUST ABOUT SOLAR PANELS

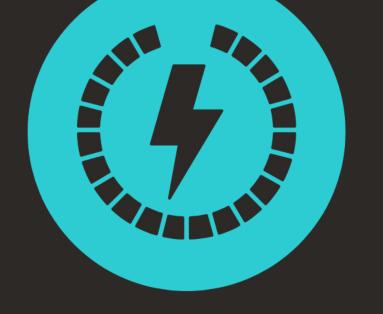


### Any building can be zeroenergy...

111

If you have a solar array big enough

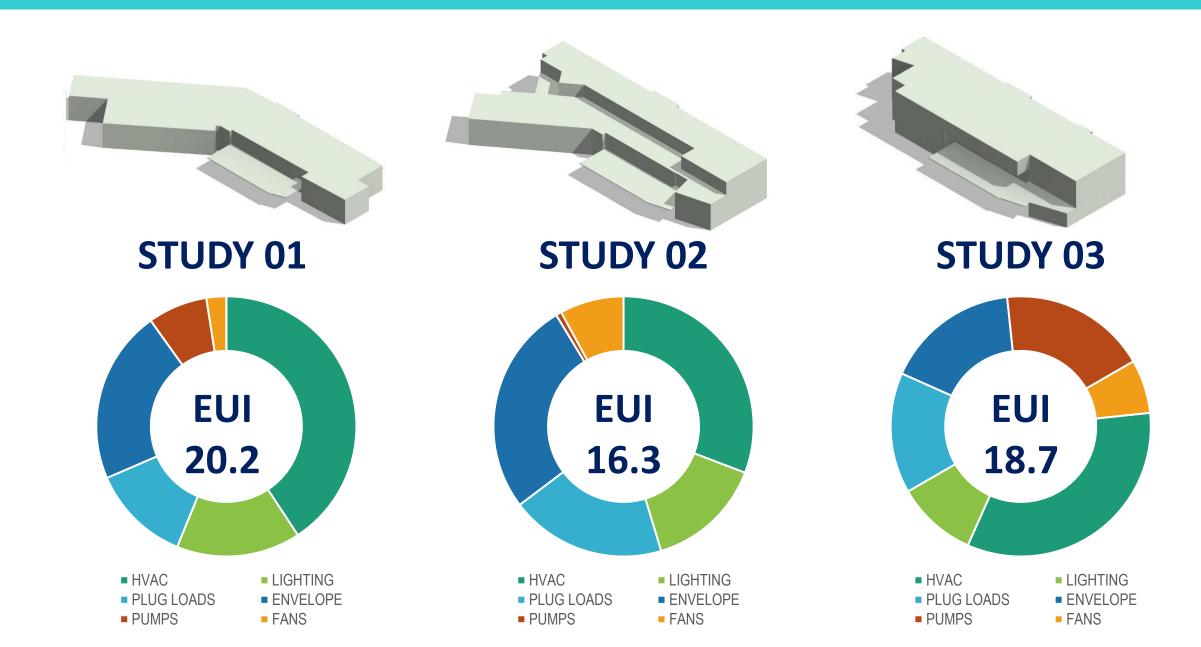
# DATA MUST GUIDE YOUR DECISIONS



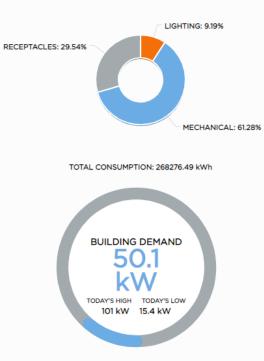


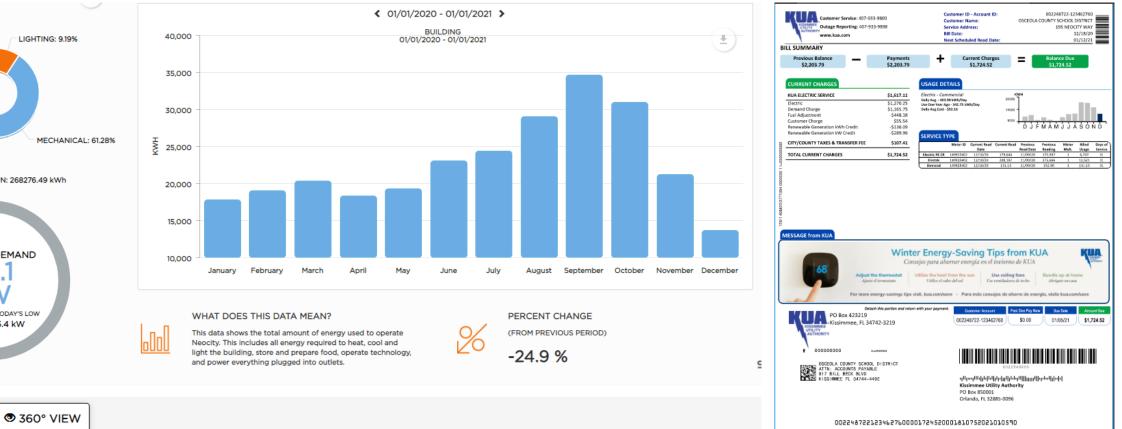
HIGH PERFORMANCE 2

#### EUI STUDIES





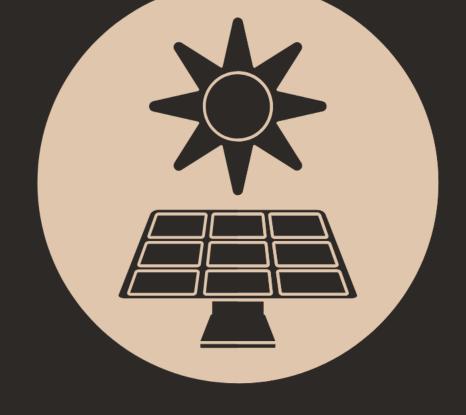




#### #DATAISGOLD

**†**HOME

# IT'S COMPLEX, IT'S NOT COMPLICATED



"The most dangerous phrase in the English language is: "**we've always done it this** 

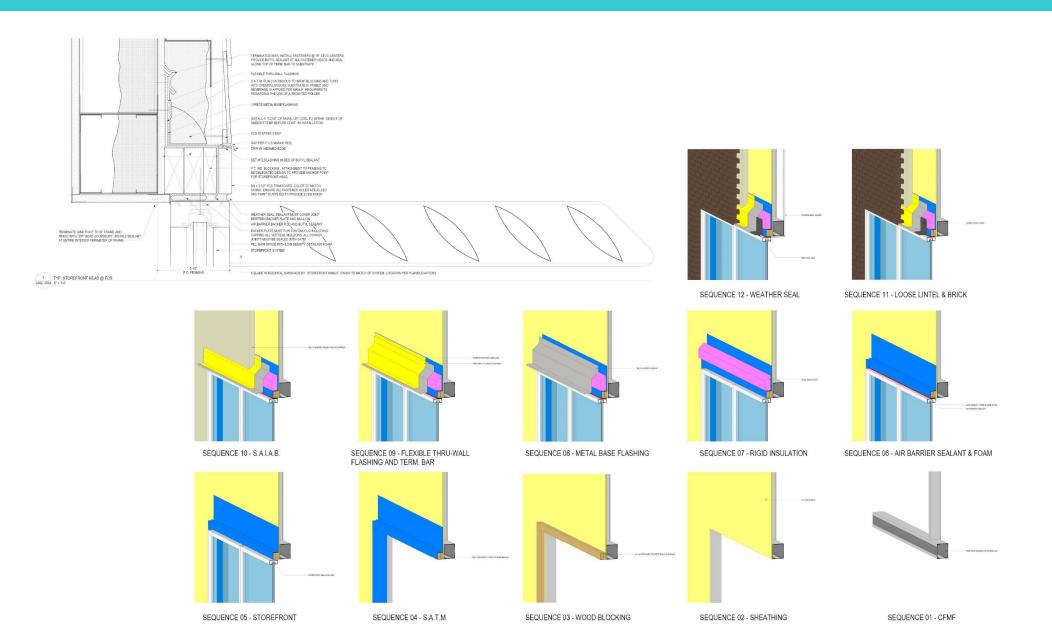
way"..."

Rear Admiral Grace Hopper

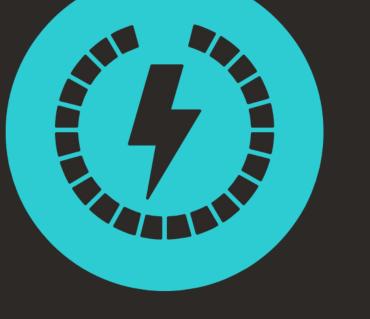
#### DISTRIBUTED HEAT PUMPS WITH A DEDICATED OUTDOOR AIR SYSTEM

D.O.A.S.

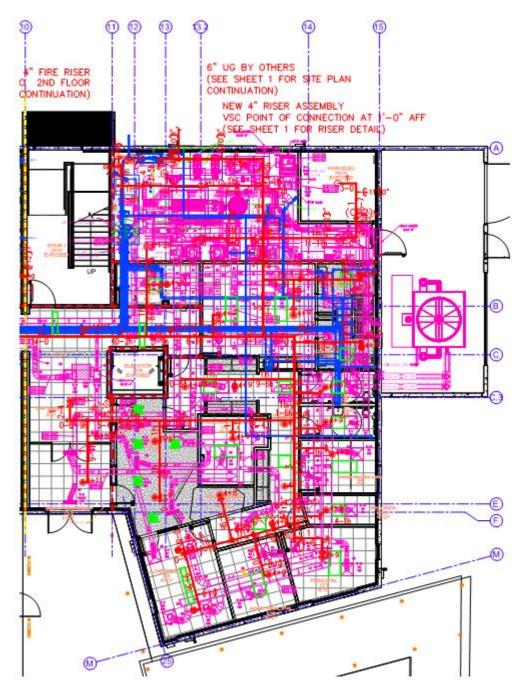




# DESIGN IS ONLY 50% OF THE PROCESS





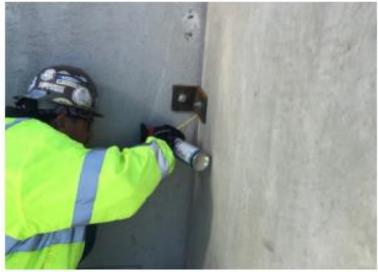


### WILL IT HIT : WILL IT FIT

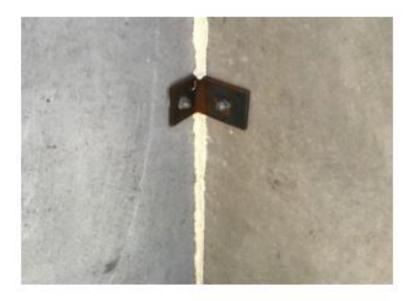




STEP 1: INSTALL BACKER ROD IN JOINT



STEP 2: INSTALL SPRAY FOAM INSULATION IN JOINT



STEP 3: TRIM SPRAY FOAM FLUSH WITH WALL



STEP 4: APPLY TRANSITION PRIMER TO BOTH SIDES OF JOINT

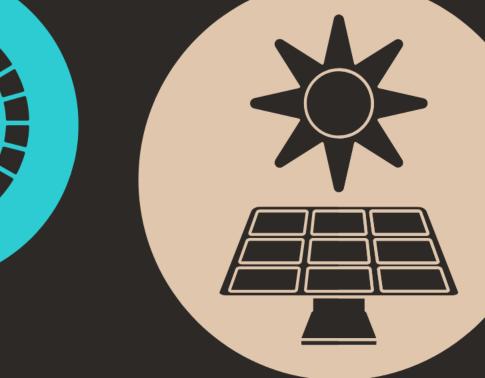


STEP 5: APPLY TRANSITION MEMBRANE AND ADHERE WITH WEIGHTED ROLLER



STEP 6: SEAL EDGES OF MEMBRANE WITH BUTYL SEALANT

## TRUST BUT VERIFY

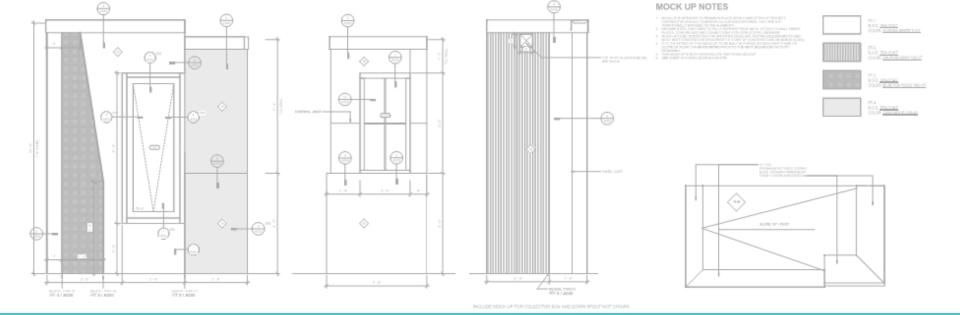




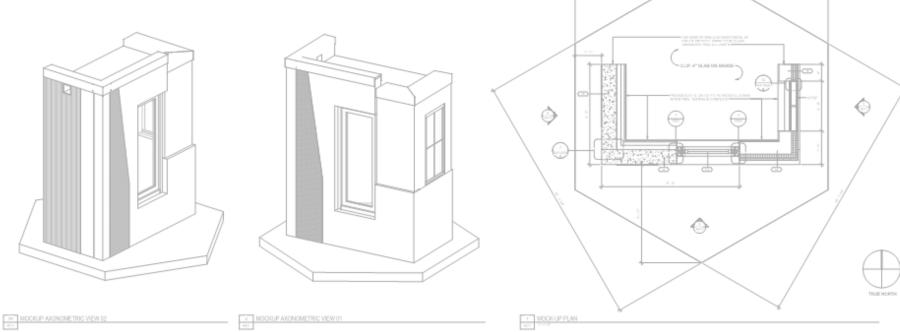
### QA/QC is everyone's job but it starts at the sub contractor level

Summary of Envelope Assembly			
		<u>TC</u>	<u>GC</u>
Step #	Tilt Panel Joint Assembly	SIGN OFF	
	BEGINNING AT EXTERIOR SIDE OF THE JOINT		
1	Scrape Joint Clean.		
2	Install backer rod from the exterior 3" deep into the joint.		
3	Install the SikaFlex following the backer rod 3/4" depth in the joint.		
4	Install the LDF with a 2" depth in the joint.		
5	Install another back rod on the exterior.		
6	Install the Sikaflex.		
	ON THE INTERIOR SIDE OF THE JOINT		
7	Install LDF along the backer rod.		
8	Let LDF cure and expand.		
9	Trim the LDF flush with the face of the tilt panel.		
10	Prime tilt panel and LDF at the joint.		
11	Apply Blueskin at the joint covering LDF and primer.		
12	Roll and compress Blueskin with weighted roller		
13	Seal edges of the tape on the tilt panel with Butyl Sealant.		





**MOCK-UPS ARE NON-NEGOTIABLE** 



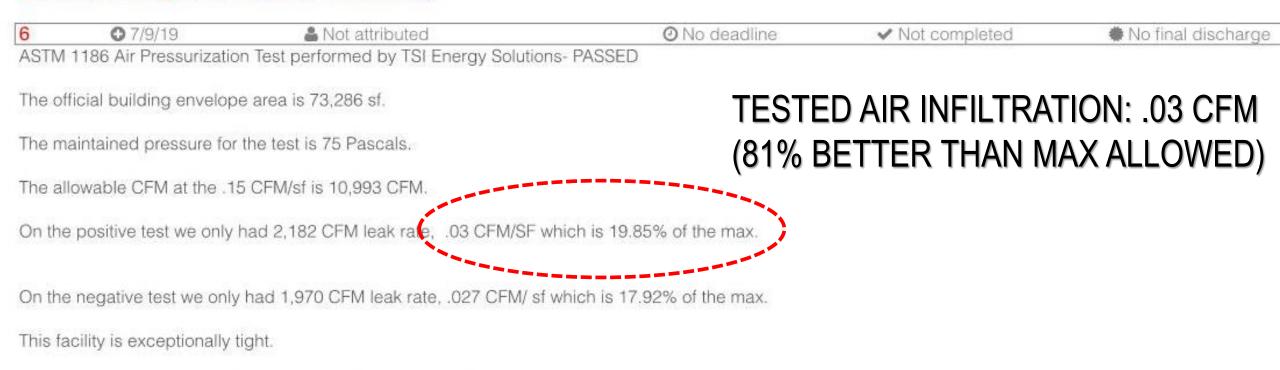


### AND MORE TESTING

JCB

510-50

#### Envelope Testing ASTM 1186 Air Pressurization



Final report by TSI Energy Solutions will be furnished and this report amended to include when received by ICE.



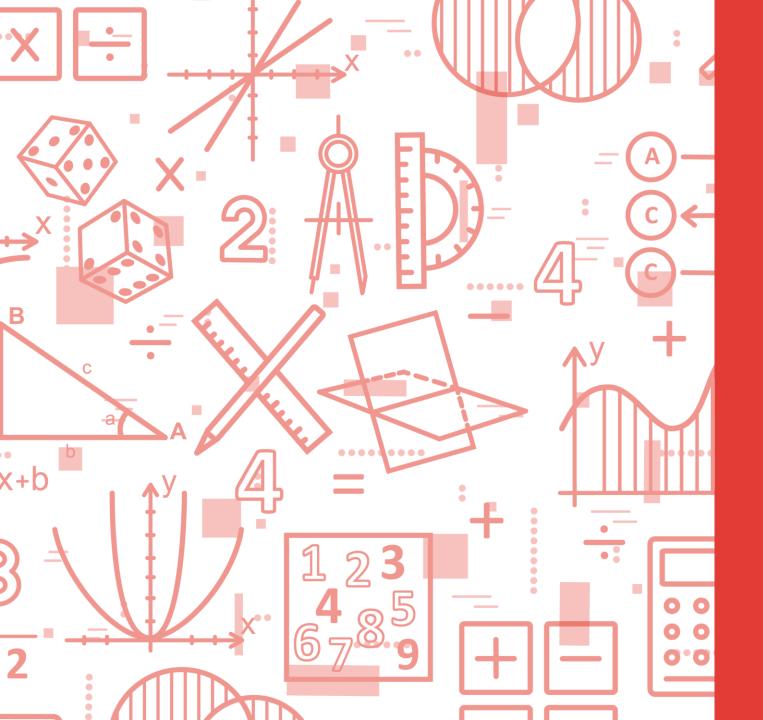




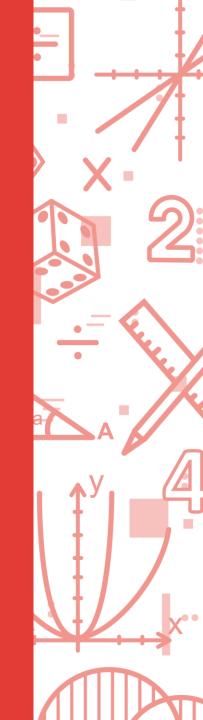




high performance 2







# P

#### Log in to Poll Everywhere

To present live activities, please log in to your Poll Everywhere account in a separate window.

Launch log-in window

Respond at PollEv.com/heatherm550

### How do you currently prioritize decisions between Cost, ROI, Wellness and High Performance? Rank the below options.

Cost % ROI % % Wellness % %

K FEFPA Winter 2021 Presentation

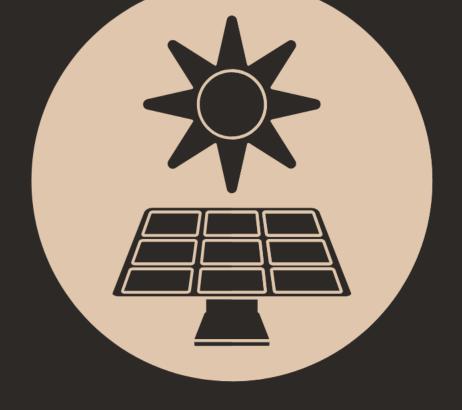
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Do you think you could achieve them all (Wellness, High Performance, and ROI) within your budget?

No

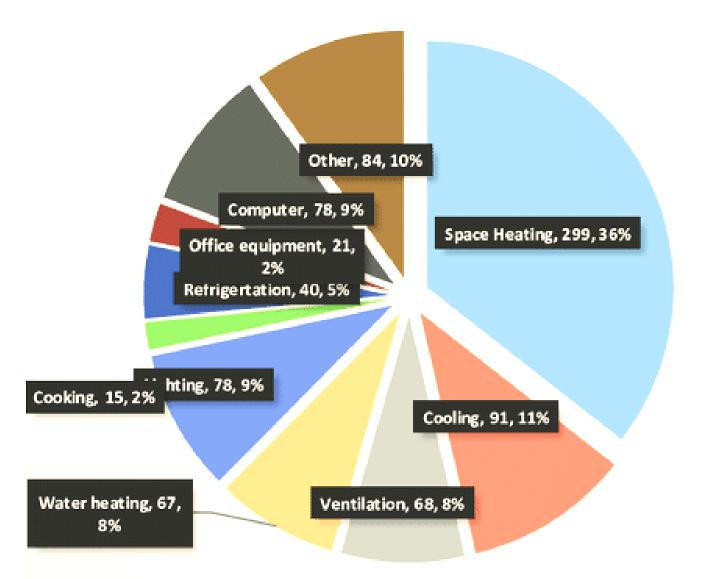
Yes

## THE COSTS ARE NOT PROHIBITIVE



#### ENERGY USE / COST





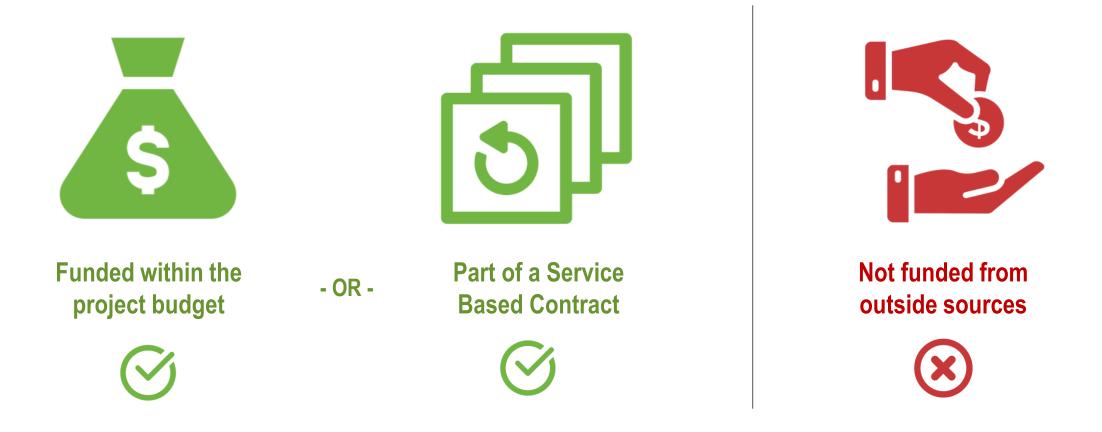
EDUCATIONAL BUILDINGS

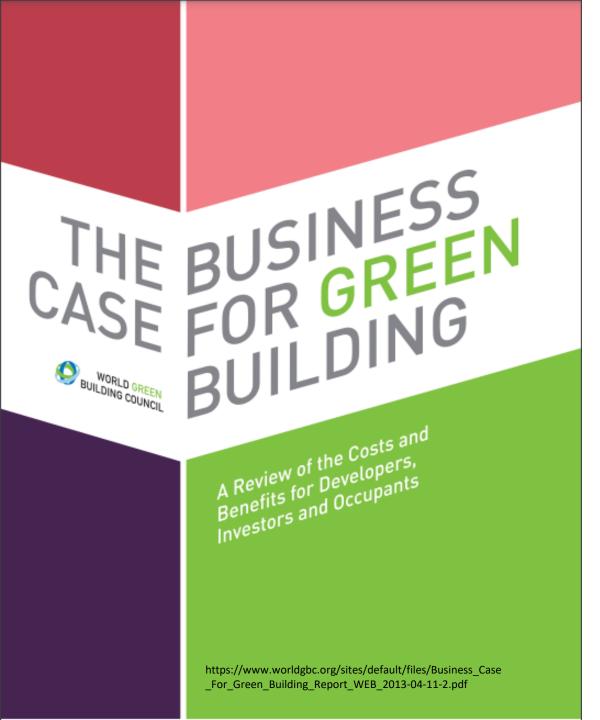
"Each year, K–12 schools spend more than \$8 billion on energy, — more than they spend on computers and textbooks combined."

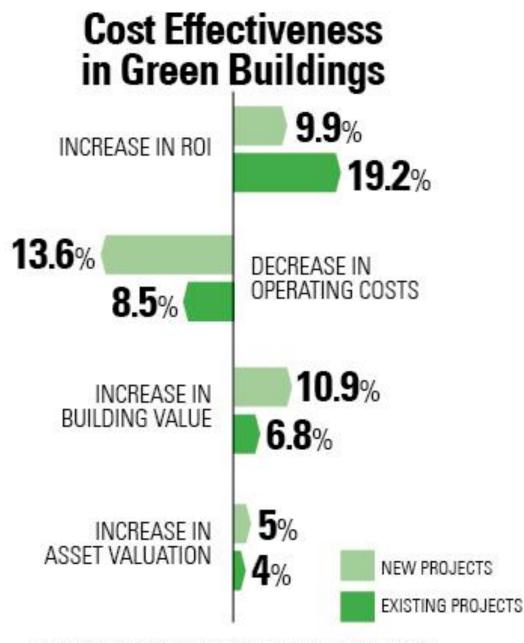
Source: Getting to Zero



### In Florida, Renewable Energy must be...

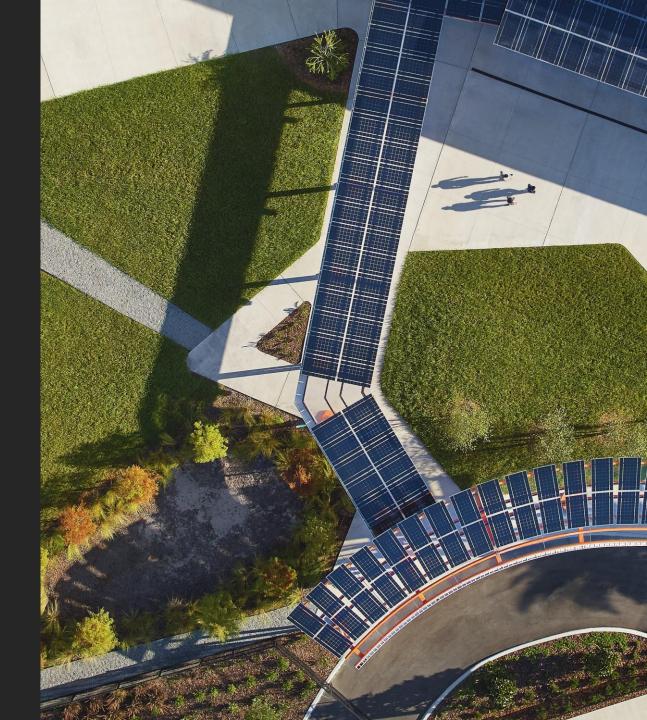






Source: http://www.usgbc.org/articles/business-case-green-building

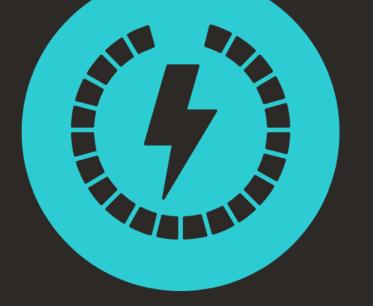
"Energy savings in green buildings typically exceed any design and construction cost premiums within a reasonable payback period."

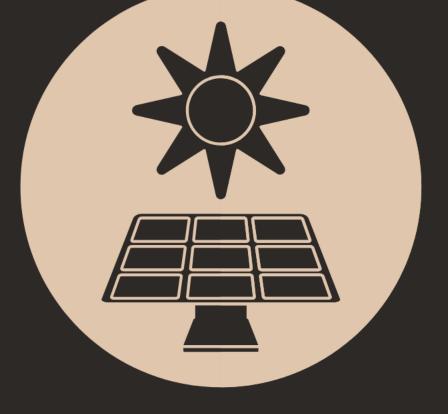


"In order to achieve their predicted performance, high-performing green buildings need to be backed up by robust commissioning, effective management, and collaboration between owners and occupiers.."



# THE KEY TO SUCCESS IS AN INTERNAL CHAMPION









	TOP GREEN SCHOOL OBSTACLES	TOP GREEN SCHOOLS GOALS
DECISION MAKERS		
A decision maker's primary goal is to ensure the educational	1 Budgetary constraints and cost-cutting	1 Resource savings, meaning more funds for instruction and school operations
excellence of the school by balancing building operations	2 High up-front costs of improvements	2 Implementation approaches that minimize risks and put improvements within reach
and performance with instructional quality and academic success.	3 Lack of leadership buy-in and staff knowledge to support improvements	3 Demonstrated wins that build stronger institutional support and capacity to address improvements

Poorly designed or equipped

#### EDUCATORS

An educator's primary goal is to provide students with high qualit learning and leadership opportunities by ensuring their access to resources and education. environments that enable their best performance and well-being.

#### OTHER ADVOCATES

Many advocates seek t promote their school a model of environmenta sustainability and resource efficiency as well as an engine of opportunity in their community.

### **DECISION MAKERS**

Learning environment designed

A decision maker's primary goal is to ensure the educational excellence of the school by balancing building operations and performance with instructional quality and academic success.

1	Budgetary constraints and cost-cutting	Resource savings, meaning more funds for instruction and school operations
2	High up-front costs of improvements	2 Implementation approaches that minimize risks and put improvements within reach
3	Lack of leadership buy-in and staff knowledge to support improvements	<ul> <li>Demonstrated wins that build stronger institutional support and capacity to address improvements</li> </ul>

**TOP GREEN SCHOOL** 

**OBSTACLES** 

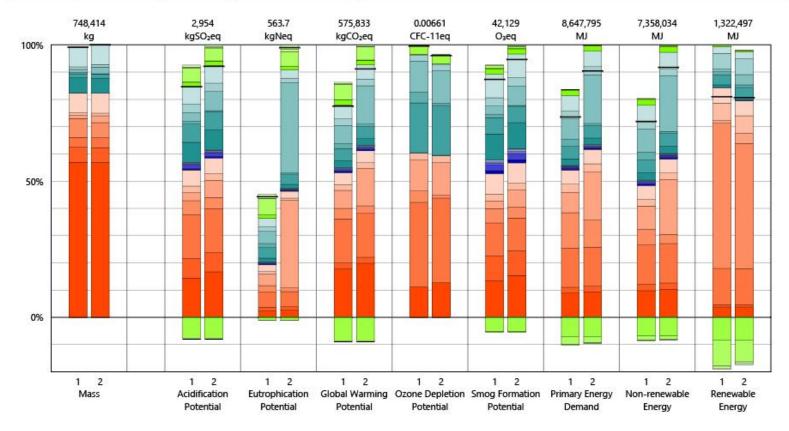
**TOP GREEN SCHOOLS** 

GOALS

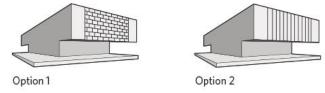
UPFRONT COST	The sum of the initial costs incurred to implement and commission an improvement
RECURRING COST	A cost incurred on a regular basis over the useful life <sup>1</sup> of an improvement (e.g. maintenance costs, energy costs)
ANNUAL COST SAVINGS	The recurring savings generated by an improvement (e.g. maintenance savings, energy savings) measured on a yearly basis
LIFECYCLE COST	The sum of all one-time and recurring costs over the useful life of an improvement, or <i>total cost</i>
SIMPLE PAYBACK PERIOD	The time required to recover the initial cost of an improvement through cost savings. This number is the inverse of the <i>return on investment</i> .
RETURN ON INVESTMENT	A measure of profitability calculated as such: <u>Gain (Total Cost Savings) - Lifecycle Cost (Initial Cost + Recurring Costs)</u> Lifecycle Cost

### LIFE-CYCLE ASSESSMENT









#### Manufacturing Transportation 03 - Concrete 03 - Concrete 04 - Masonry 04 - Masonry 05 - Metals 05 - Metals 06 - Wood/Plastics/Composites 06 - Wood/Plastics/Composites 07 - Thermal and Moisture Protection 07 - Thermal and Moisture Protection 08 - Openings and Glazing 08 - Openings and Glazing 09 - Finishes

09 - Finishes

Maintenance and Replacement





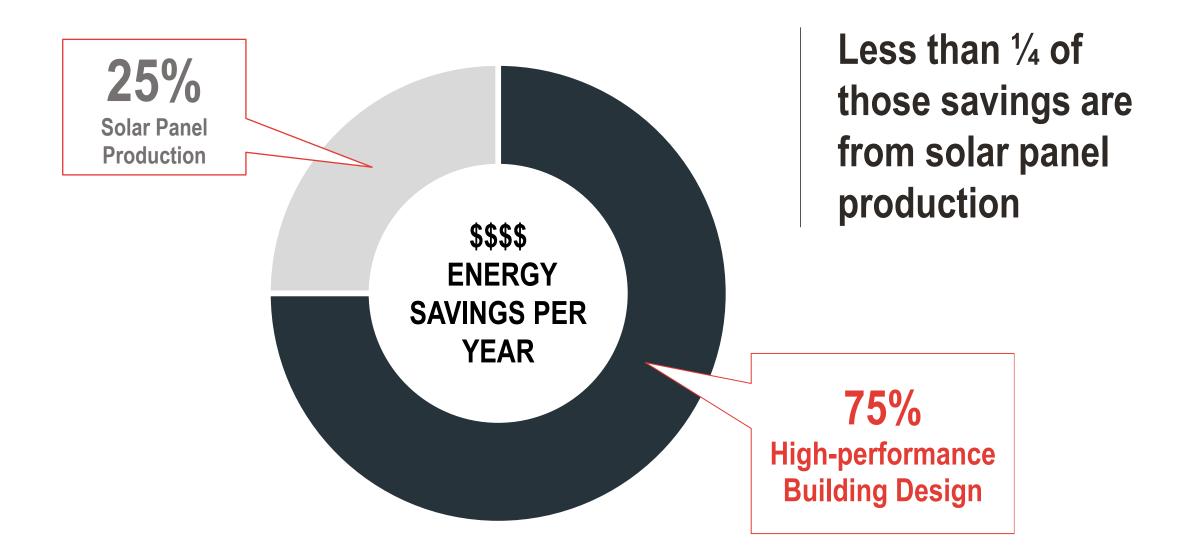
06 - Wood/Plastics/Composites

- 07 Thermal and Moisture Protection
- 08 Openings and Glazing
- 09 Finishes

End of Life 03 - Concrete 04 - Masonry

RO





### CASTALDI ANALYSIS AND ASSESSMENTS





# GATEWAY HIGH SCHOOL CASTALDI REPORT SECURITY AND FACILITIES CONDITION ASSESSMENT

# CASTALDI

### **Cost of Replacement vs. Cost of Renovation**

- Functional Adequacy
- Systems Adequacy
- Educational Adequacy
- General Conditions/Deferred Maintenance

### Difficult to justify removal of buildings under 50 years old

### Security was not a major consideration

- Post Marjory Stoneman Douglas HS shooting it became a higher priority
- Included a campus-wide security assessment helped Gateway HS to justify removal of several buildings in the 35-year range by showing how security was compromised
- Video summary of findings and requests was included
  - capturing the challenges of security, deferred maintenance, and other considerations.





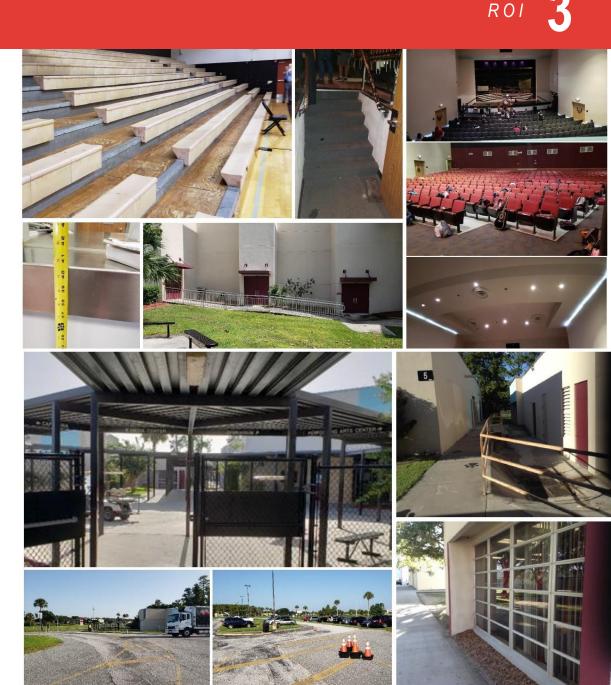
- Security The original campus was not designed with the same understanding and concerns for limiting access as exist today
- Lines of sight between and around buildings require significantly
- Location of community oriented buildings (auditorium, gymnasium, cafeteria, media center, administration) require access to interior
- Pedestrians cross vehicle traffic at pick up/drop off times
- Window heights and restroom locations undermine safety and
  - No safe corners exist for classroom buildings
- Access control, video surveillance, and mass notification system need to be brought to current standards to address today's security needs

Currently the district must address concerns with access using less than ideal solutions because fundamental issues with component deployment of important buildings remain.

### FACILITIES ASSESSMENT

# EXECUTIVE SUMMARY CASTALDI REPORT

- OEF form for demolition
- Castaldi calculations
- SDOC standards to gateway high school facilities list comparison
- Functional equity
- Systems adequacy
- Security assessment
- Facility assessment



# CARES ACT

Educational Stabilization Fund available through September 30, 2022

# ELEMENTARY/ SECONDARY RELIEF

- \$54.3 billion
- Learning Losses
- Improve School Facilities and Infrastructure
- Purchase Educational Technology

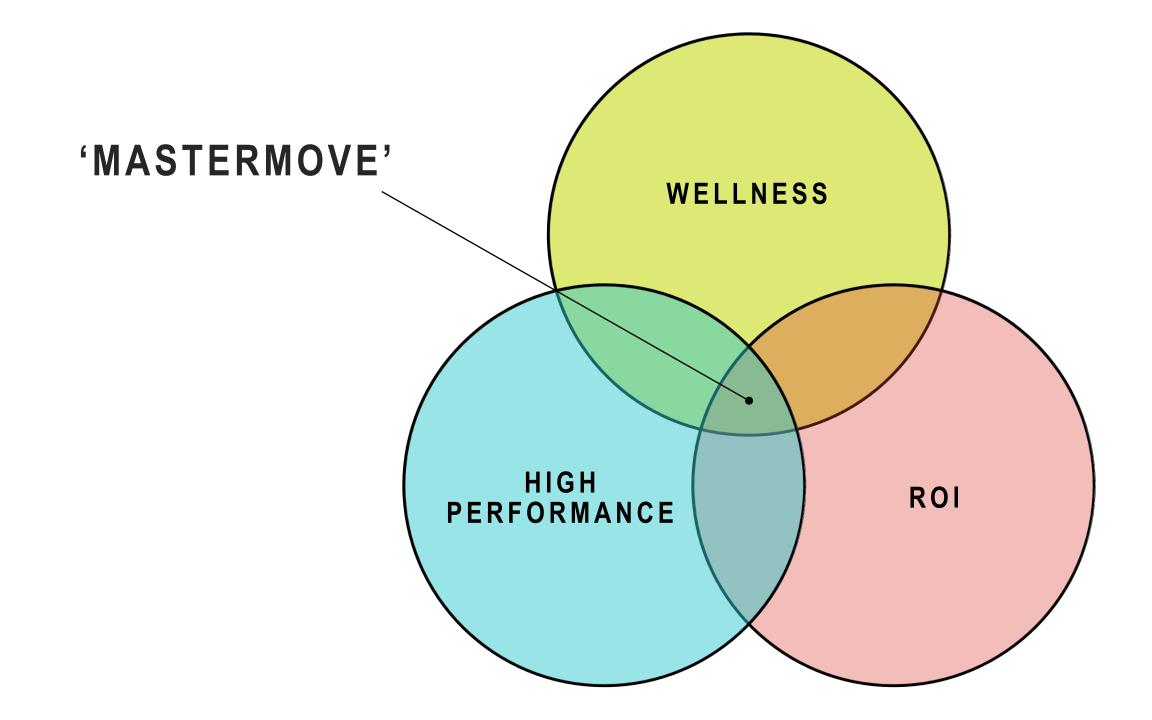
# HIGHER EDUCATION RELIEF

- \$22.7 Billion
- \$20.2 Billion allocated to public/ private/ and non-profit institutions.



# 'MASTERMOVE'





# UNDERSTANDING **THE VISION**



AT NEOCITY ACADEMY, AN INQUIRY-DRIVEN, PROJECT-BASED STEM CHOICE PROGRAM, WE DEVELOP **STUDENTS WHO BELIEVE THE WORLD** CAN BE A BETTER PLACE AND THAT THEY CAN BE THE **ONES TO MAKE IT** HAPPEN.

NEOCITY ACADEMY

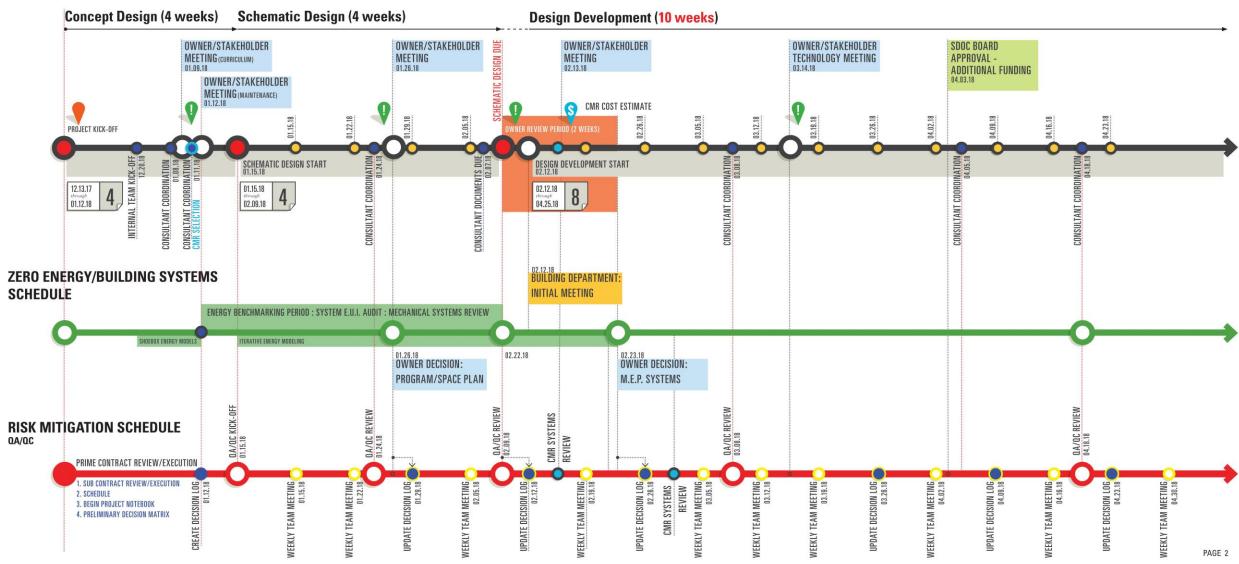
# **DESIGN DRIVERS**

- 1. Immersive Learning Environment (Collaboration + 21<sup>st</sup> C Skills + Active Learning)
- 2. High Performance Building Facility
- 3. Flexible
- 4. Adaptable
- 5. Efficient & Effective
- 6. Microcosm of the BRIDG (Ideas + Industry) "Simulate the Experience"
- 7. Strong Connection to NEOCITY Partners + UCF
- 8. Transparency: "See Learning Happening"
- 9. Colorful & Energetic Environment
- 10. EUI 20
- 11. FIRST Net Zero Energy School in Florida
- 12. Inspire Learning at a Higher Level
- 13. Create a Culture of Innovation, Creativity + Problem Solving
- 14. WELL Inspired Learning Environment
- 15. Use Building as a Teaching Tool

### "PLAN THE WORK, WORK THE PLAN"

#### **MASTER SCHEDULE**

LITTLE



# PROGRAMMING

second in the second second



	PHASE 1 - HIGH SCHOOL		PHASE 2 - MIDDLE SCHOOL
1	45,000 SF	1	45,000 SF
2	500 Students	2	500 Students
3	25/1 Student Teacher Ratio	3	25/1 Student Teacher Ratio
4	125 Kids / Grade	4	125 Kids / Grade

**3 KEY ENGINEERING-BASED SPECIALTIES** 

Engineering

**Bio-Med Engineering** 

Cyber-Security



YE	<b>AR 1</b> - INTRO TO ENGINEERING	YEAR
1	Chemistry	1
		2
2	Biology	3
3	Physics	4
		5
4	Fab-Lab	6

### YEARS 2/3/4 - APPLIED ENGINEERING

1	Engineering +
2	Bio-Medical
3	Cyber-Security
4	Advanced Manufacturing
5	Fab-Lab
6	Online Courses

# \*\* Partner with County + BRIDG

# State Requirements for Educational Facilities



2014

Florida Department of Education Office of Educational Facilities



Chap	ter 6	State Requirements f	Section 6.1			
FISH	Grade		Recommended	Teacher	NSF/	
Code	Group	Facility Space Name	Occupants	Stations	Occupant	Related Space
		1. GENERAL EDUCATION SPA	CE (N-12) <sup>1</sup>			
		a. <u>Core curricula</u>				
001	PK-3	Primary	*18	1	49	808, 811, 813 814
002	4-8	Intermediate/Middle	*22	1	39	808, 811, 815 816
003	9-12	Senior High	*25	1	32	808
010	PK-3	Primary - Skills Lab (1 per each 350 student stations portion thereof without FISH capa additional rooms will have capac	*18 or major acity,	1	49	808, 813, 814
011	4-8	Intermediate/Middle - Skills Lab	*22	1	39	808, 815, 816
012	9-12	Senior High - Skills Lab	*25	1	32	808
020	4-8	Intermediate/Middle - Science Der	monstration *22	1	37	808, 812
021	4-8	Intermediate/Middle - Science Lat	And a second	1	51	808, 812
022	<mark>9-12</mark>	Senior High - Science Demonstration		1	37	<mark>808, 812</mark>
023	<mark>9-12</mark>	Senior High - Science Lab	*25	1	51	808, 812
030	PK-3	Primary - Open Plan	*36, 54, 72	2, 3, 4		808, 813, 814
031	4-8	Intermediate/Middle - Open Plan	*44, 66, 88	2, 3, 4	32	808, 815, 816
032	<mark>9-12</mark>	Senior High - Open Plan	<mark>*50, 75, 100</mark>	<mark>2, 3, 4</mark>		808
060	N-PK	ESE Pre-K	*5	1	95	808, 813, 817
061	PK-12	ESE Part-Time	*15	1	65	808, 813, 815



Chapt	ter 6	State Requirements for	es	Section 6.1		
FISH Code	Grade Group	Facility Space Name	Recommended Occupants	Teacher Stations	NSF/ Occupant	Related Space
		b. Noncore Curricula Instruc	tional Support			
040	PK-12	Resource Room	*10	1	29	808
		(1 per each 150 stations or major thereof in elementary schools ar each 250 stations or major portion in middle/high schools without F additional resource rooms will ha	nd 1 per on thereof ISH capacity;			
050	PK-5	Art - Elementary (1 per each 500 student stations portion thereof without FISH cap additional rooms will have capac	acity;	1	1,000	808, 812
051	4-8	Art - Intermediate/Middle	*30	1	42	803, 805, 808 812
052	9-12	Art - Senior High	*30	1	53	803, 805, 80 812
064	PK-12	ESE PT/OT	5	1	95	808, 813, 81
065	PK-12	ESE Resource (1 per each 350 stations or major thereof without FISH capacity; a ESE resource rooms will have c	dditional	1	95	808, 813
066	PK-12	ESE Supplemental Instruction	2	1	50	808
067		ESE Observation Booth	_		150	
068		ESE Time Out			40	000
069	Company of the second second	ESE Audiology Lab			250	808
070	PK-12	Itinerant	4	1	50	808

# LEARNING

the second s



#### CAPSTONE

Finish 2017 - 2018Florida Department of Education Six Sigma Curriculum Framework

#### rogram Title: Advanced Technology Applications

Program Type: Non Career Preparatory **Career Cluster: Engineering & Technology Education** 

#### Secondary - Non Career Preparatory Program Number 8601900 **CIP Number** 08210200CP Grade Level 9-12; 30, 31 Standard Length 1 credit (Maximum of 3 credits) **Teacher Certification** Refer to the Course Structure section CTSO FL-TSA, SkillsUSA CTE Program http://www.fldoe.org/academics/career-adult-edu/career-tech-edu/program-Resources resources.stml

Purpose

TEALWORK.

DESIGN

THINKING

The purpose of this course is to serve as a capstone course to provide Engineering and Technology Education students with the opportunity, to develop a project from "vision" to "reality". Working (n teams b design, engineer, manufacture, construct, test, redesign, test again, and then produce a finished "project". This would involve using ALL of the knowledge previously learned, not only in technology education, but across the urriculum. K URSS 044PMNAM

To enroll in Advanced Technology Applications, a student must have:					
	a student must have	Annlications	Technology	Advanced	To enroll in

1. Completed three credits of an Engineering & Technology Education program.

2. Received permission of the supervising Engineering & Technology Education Instructor and or Faculty Team.

This Advanced Technology Applications course may be taken by a student for one or more semesters. A student may earn multiple credits in this course (maximum of three).

Additional Information relevant to this Career and Technical Education (CTE) program is provided at the end of this document.

SELF IDRIVEN

Engineering Capstone Course.

# the Applie

#### **Course Structure**

PULH

12

The seal

The

#### This program of instruction consists of one course.

#### . he following table illustrates the secondary program structure:

Course Number	Course Title	Teacher Certification	Leng
8601900	Advanced Technology Applications	Since this program serves as a capstone experience for the student, the teacher certification must be appropriate to the student's Engineering & Technology program of study and the teacher certifications specified in the respective curriculum framework. Rigorous Science, PA= Practical Arts, EC= Economi	1 cred

\* Note: Students may earn multiple credits (maximum of 3 credits) in this course.

The Advanced Technology Applications program must include the following components:

#### Pre-Project Planning Conference: The student, teacher, and team members must participate in a pre-project planning conference, which is essential to designing advanced learning experiences that are appropriate for 10000 each individual's learning needs and career interests. It is critical that all parties involved understand and Expen agree on time schedules, expectations, advanced learning applications and evaluation criteria.

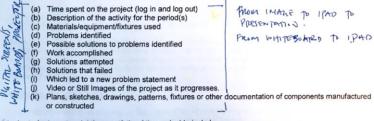
Project Criteria: The following criteria shall be met when choosing the Advanced Technology Applications Project:

The project must allow experiences that utilize both skills and knowledge directly related to the student's career interests and the Engineering & Technology Education program in which the student is enrolled or has completed.

The project must provide opportunities for rotation through a wide variety of advanced applications in technology tasks.

The project must provide a safe and ethically sound environment with up-to-date facilities and equipment.

Each student must maintain a journal with daily entries describing:



#### Each student must maintain a portfolio of the project to include:

(a) Bibliography of all research materials accessed.

(b) A written research paper describing the background information the project is to be based on

(d) (e)	5. Data recovered in the form of a data table, charts graphs. 6. Conclusion 7. Bibliography Safety concerns and procedures to be followed. An abstract.	EX HIBIT APSPINE MOLECTS - a. 14. SPETSON I
faculty tea	sreport at mid_term will be given by each student to include a writte f investigation and an oral presentation to the remainder of the class m, on the progress of the project, and all work accomplished. The p term evaluation grade.	
monados.	progress report presentation at the end of the course will be given	by each student or team that
(D) (C) (d)	a review of the portfolio and the journal, a description of the experiment, process or activity results problems identified and solutions that worked or did not work, and a conclusion	CULTURE OF INMIVATION + IPEAS"

The final progress report will be the basis for the final exam evaluation grade.

When offered for multiple credits, the student should have varied learning experiences in order to provide maximum education exposure.

The course may be supervised by a faculty team consisting of the members of the faculty who will be granting the multiple credit(s) if that is the case.

Project Experience: This component shall provide a match between the student's career interests and a project based situation that will provide exposure to the broad aspects of the selected industry. The assigned tasks should allow a progression and rotation through experiences requiring a variety of knowledge, skills and abilities at increasingly higher levels related to the student's Engineering & Technology Education studies and

(c) A Laboratory Report to include:

1. A clear statement of the project

4. List of materials used in each activity.

2. A hypothesis or description of the area of investigation.

3. A written procedure of each activity as it is accomplished.

Experience Plan: A project experience plan must be developed and implemented for each student based on the curriculum frameworks of the Engineering & Technology Education program. The project experience plan must outline learning objectives, methods of learning, activities/ responsibilities, time required, student performance standards, provision for supervision, and method(s) of student evaluation. The project learning experience plan must be signed by the student and teacher.

Paynes)

Supervision: Teacher-coordinators of the Advanced Technology Applications project must monitor and support learning. Students must also be evaluated a minimum of once per grading period by the teachercoordinator. The evaluation should assess how well the student is progressing toward goals established by the

student teacher-coordinator. Portfolio assessment, orchestrated by the teacher-coordinator, is a recommended method of student assessment.

Academic Alignment Table

Academic alignment is an ongoing, collaborative effort of professional educators specializing in the fields of science, mathematics, English/language arts, and Career and Technical Education (CTE). This initiative supports CTE programs by improving student performance through the integration of academic content within CTE courses. Career and Technical Education courses that have been aligned to the Next Generation Sunshine State Standards for Science and the Florida Standards for Mathematics and English/Language Arts



#### Common Career Technical Core - Career Ready Practices

Career Ready Practices describe the career-ready skills that educators should seek to develop in their udents. These practices are not exclusive to a Career Pathway, program of study, discipline or level of ducation. Career Ready Practices should be taught and reinforced in all career exploration and preparat programs with increasingly higher levels of complexity and expectation as a student advances through a program of study.

- 1. Act as a responsible and contributing citizen and employee.
- 2. Apply appropriate academic and technical skills.
- 3. Attend to personal health and financial well-being.
- 4. Communicate clearly, effectively and with reason.
- 5. Consider the environmental, social and economic impacts of decisions.
- 6. Demonstrate creativity and innovation.
- 7. Employ valid and reliable research strategies.
- 8. Utilize critical thinking to make sense of problems and persevere in solving them.
- 9. Model integrity, ethical leadership and effective management.
- 10. Plan education and career path aligned to personal goals.
- 1. Use technology to enhance productivity.
- 12. Work productively in teams while using cultural/global competence.

#### standards

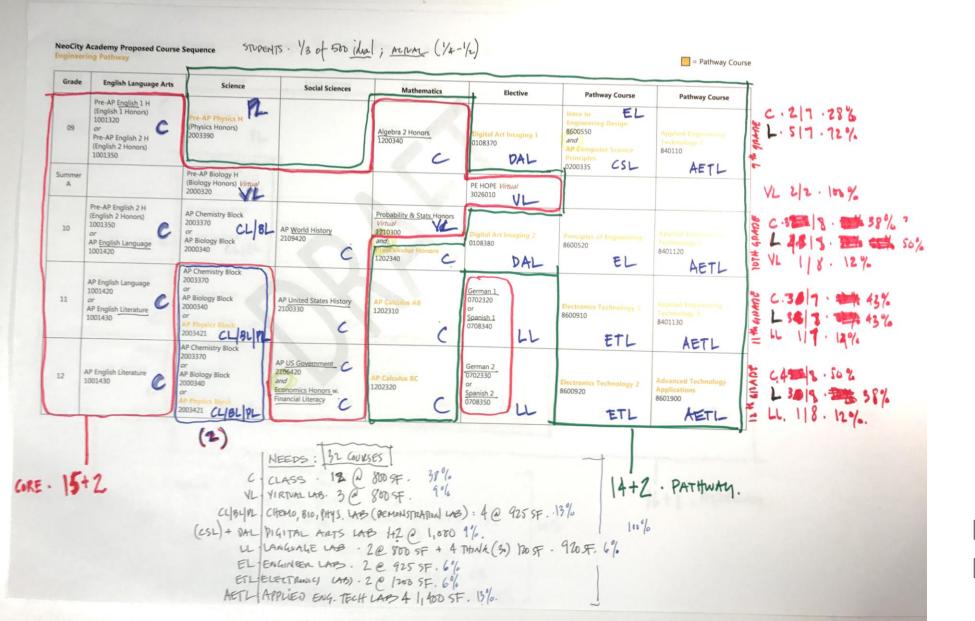
After successfully completing this program, the student will be able to perform the following:

- Complete a skills inventory. 1.0
- Demonstrate acceptable work values. 02.0 03.0
- Demonstrate the ability to identify and solve problems. 04.0
- Successfully work as a member of a team. 05.0
- Manage time according to a plan. 06.0
- Keep acceptable records of progress, problems and solutions. 07.0
- Plan, organize and carry out a project plan. 08.0
- Manage resources. 09.0
- Use tools, materials, and process in an appropriate and safe manner. 10.0
- Demonstrate an understanding of the scientific process. 11.0
- Demonstrate appropriate scientific content related to the project. 12.0
- Demonstrate appropriate mathematics content related to the project. 13.0
- Carry out a research assignment, and document the results of research efforts. 14.0
- Use presentation skills, and appropriate media to describe the progress, results and outcome of the experience.
- Demonstrate competency in the area of expertise related to the education program previously 15.0 completed, that this project is based upon.

# **DESIGN DRIVERS - LEARNING**

- 1. Cross-Disciplinary
- 2. Design Thinking
- 3. Self-Driven
- 4. Teamwork
- 5. Mentorship / Supervision / Guide
- 6. One-on-One Meetings
- 7. Customized Experience
- 8. Skills and Knowledge (Content)
- 9. Process-oriented
- 10. Capstone Projects Culture / Exhib
- 11. Presentation Skills
- 12. Culture of Innovation and Ideas

### **PROGRAM – PROGRAM BREAKDOWN**

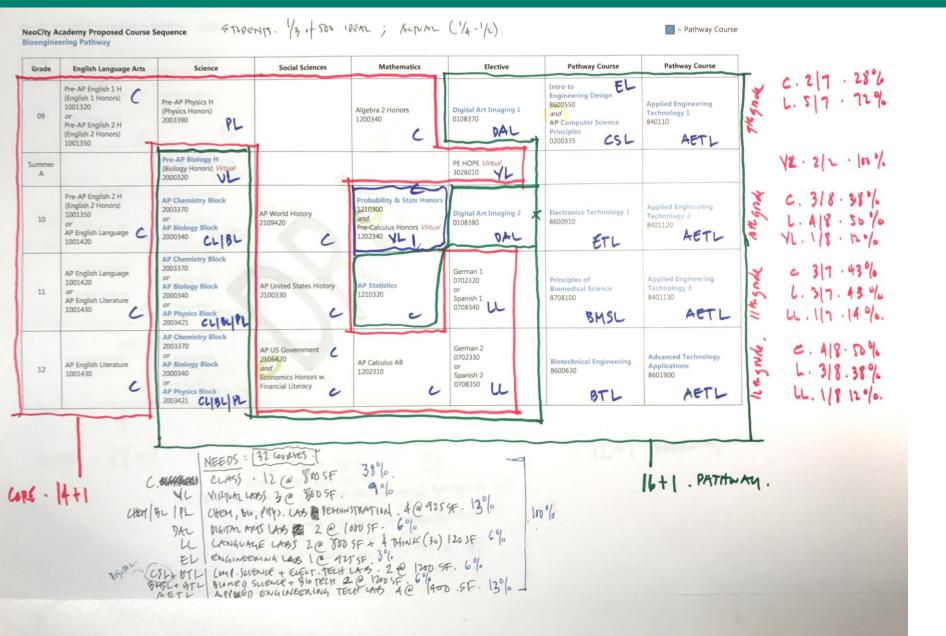


## Engineering Pathway

MASTERMOVE

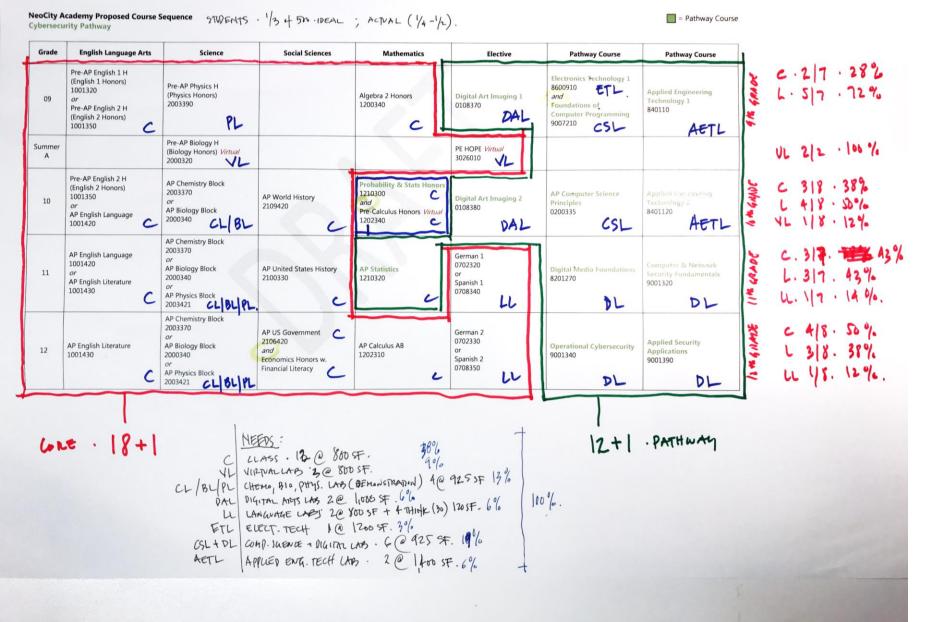
### **PROGRAM - PROGRAM BREAKDOWN**

MASTERMOVE 4

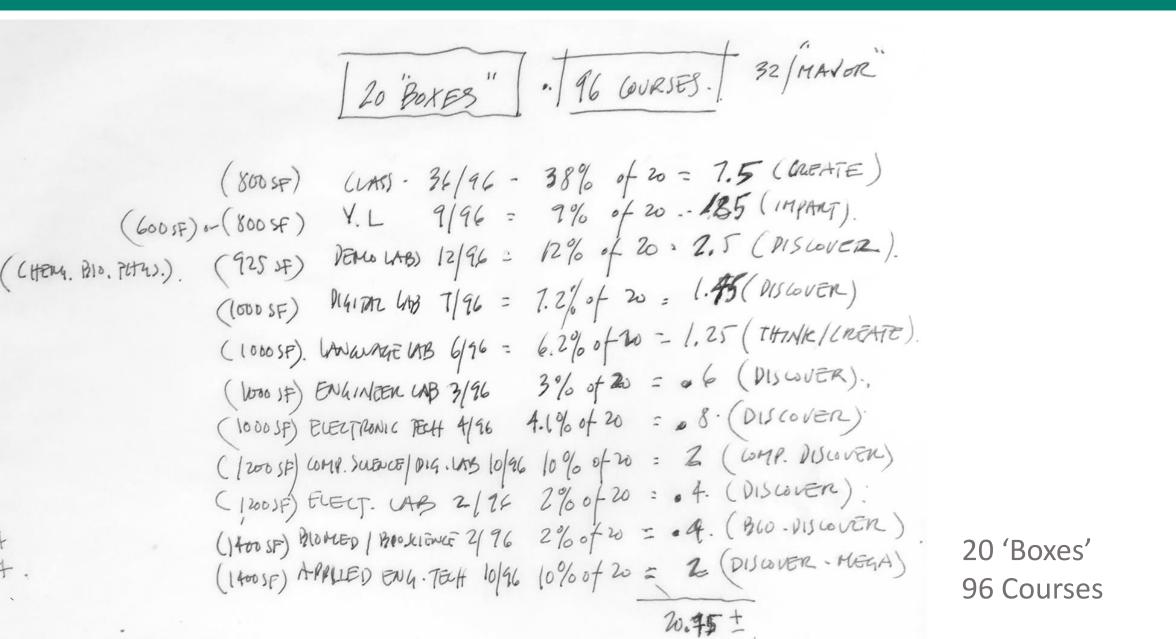


Bio-Medical Engineering Pathway

### **PROGRAM - PROGRAM BREAKDOWN**



Cyber-Security Pathway



### NeoCity Academy STEM High School - SCENARIO 6

Programming January 2018			
500 STUDENTS 45.000 GSF			
125 STUDENTS PER GRADE			
1/25 TEACHER TO STUDENT RATIO			
PROGRAM TYPE/SPACE	SF	# of rooms	Net SF
IMPART	250	4	1,000
THINK	30	17	510
CREATE	110	10	1,100
00547514.00			
CREATE LABS	300	6	4, 800
LOUNGE HUB / FLEX CREATE LAB	300	3	2,400
TRANSDISCIPLINARY FAB LABS	1,400	4	5,60
DEMONSTRATION LABS	975	4	3,90
DEMONSTRATION FAB LAB	900	2	1,30
PREP ROOMS	190	4	79
FAB LAB STORAGE	250	4	1,00
ADMINISTRATIVE SUITE	1,890	1	1,89
MEDIA-LOUNGE / FLEX / CAFÉ / EXHIBIT + BALCONY	5, 256	1	5, 25
TEACHER PLANNING	400	4	1,60
BRIDGE CONNECT (PARTNER SPACE) (part of HUB)			-
TOTALS			
Net square footage (NSF)			31,616
Gross multiplier			1.47
GROSS TOTAL (GSF)			46,476
Capacity			500
Gross square foot per student			93

#### Notes

Gross Square Foot = 45,000 Grossing Factor of 35% = 15,750 SF Net Square Feet = 29,250 sf

Capacity will be infilled as program develops and is defined in accordance with Florida SREF

FLORIDA SREF LAB REQUIRMENTS	Pages 103-121		
	OCCUPANT	SF/DCC	TOTAL SF REQUIRED
Senior HS Skills Lab	25	32/0 c c	800
Senior HS Science Demonstration	25	37/0cc	925
Senior HS Science Lab	25	51/occ	1275

FLORIDA SREF = 100SF

FLORIDA SREF = 34%

Restrooms, Walls, Circulation, MEP

### MASTERMOVE FINAL PROGRAM

# SITE ANALYSIS / DESIGN

# NEOCITY

Statute and a statute of the local division of the local divisiono

MASTERMOVE SITE

4

Bill Beck Blvd.

# NEOCITY

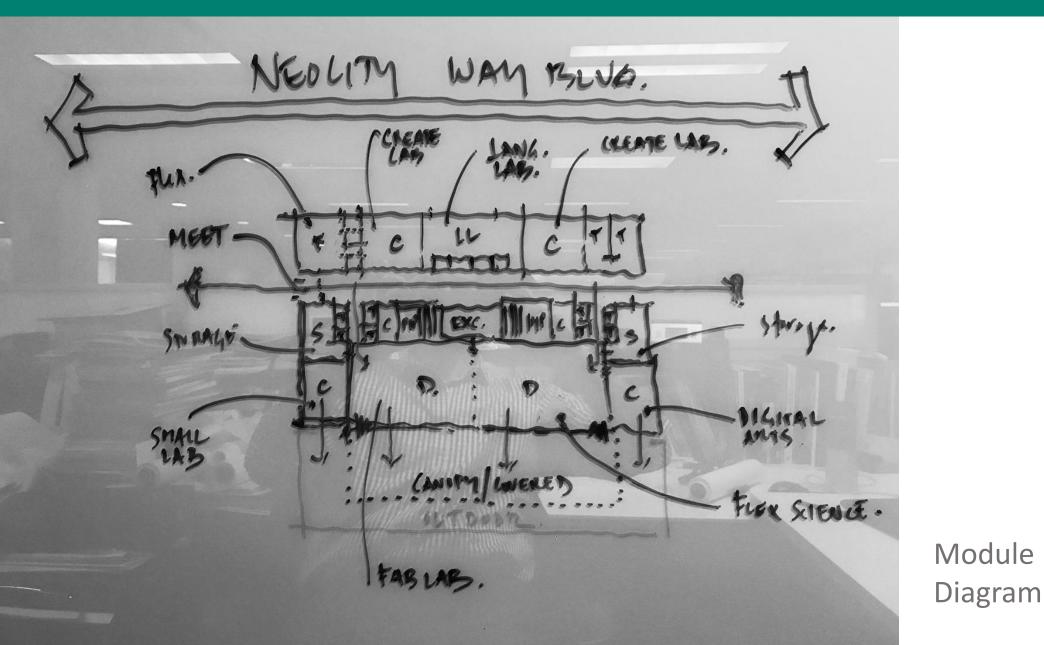
MASTERMOVE SITE

4

# DIAGRAMMING

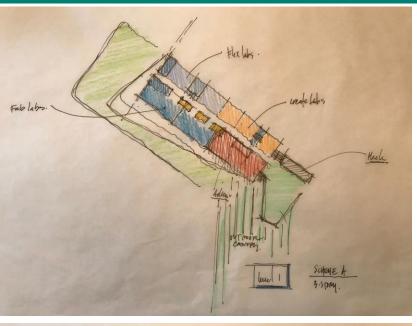
DIAGRAMMING

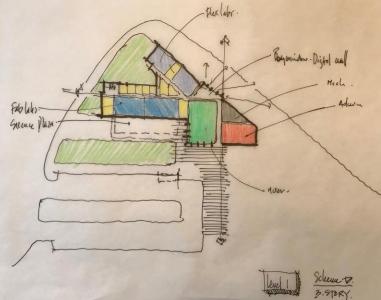




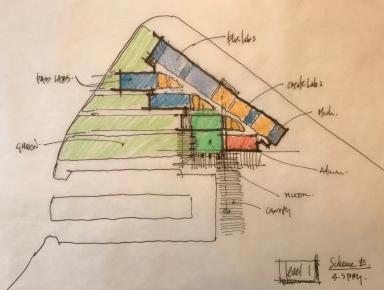
#### DIAGRAMMING - BRAINSTORMING

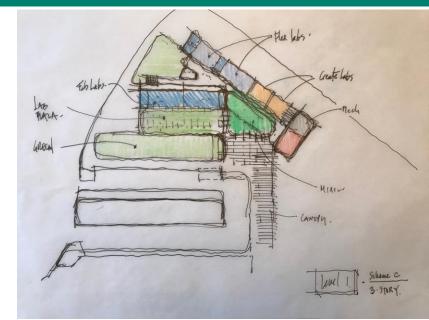


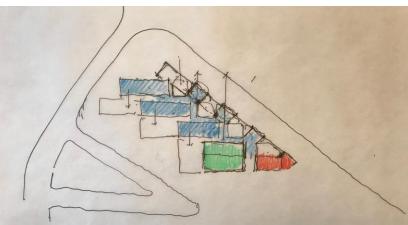










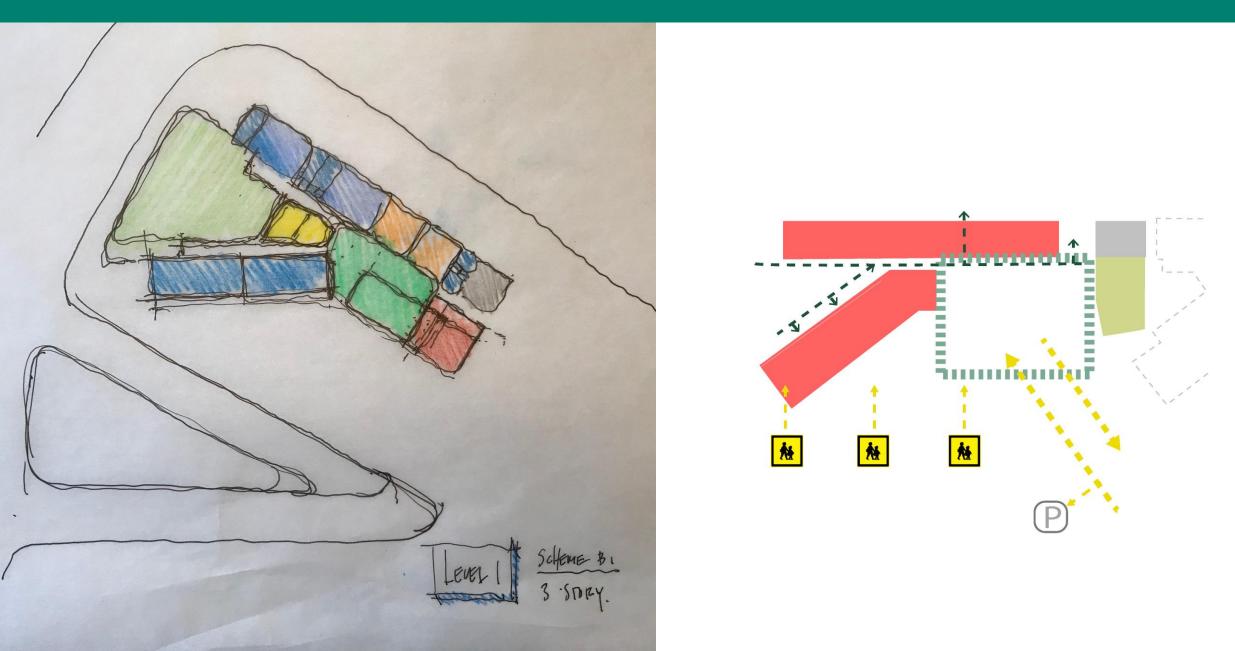


JUTENE F 3. STIMY.

FEVEL !

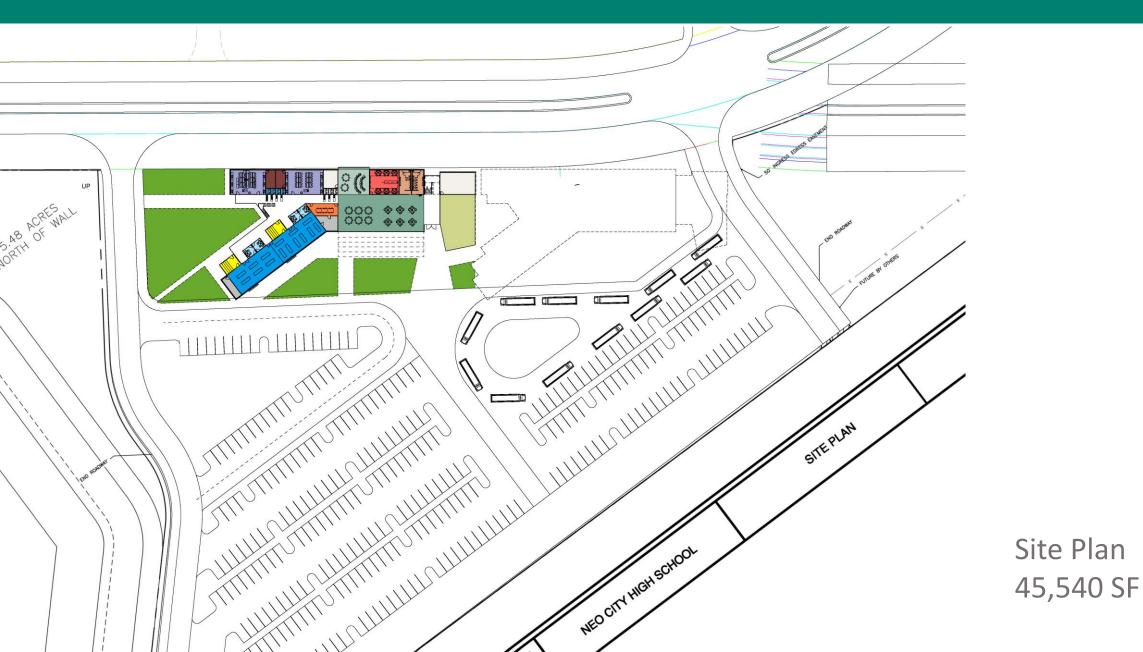
#### DIAGRAMMING - SCHEME 2



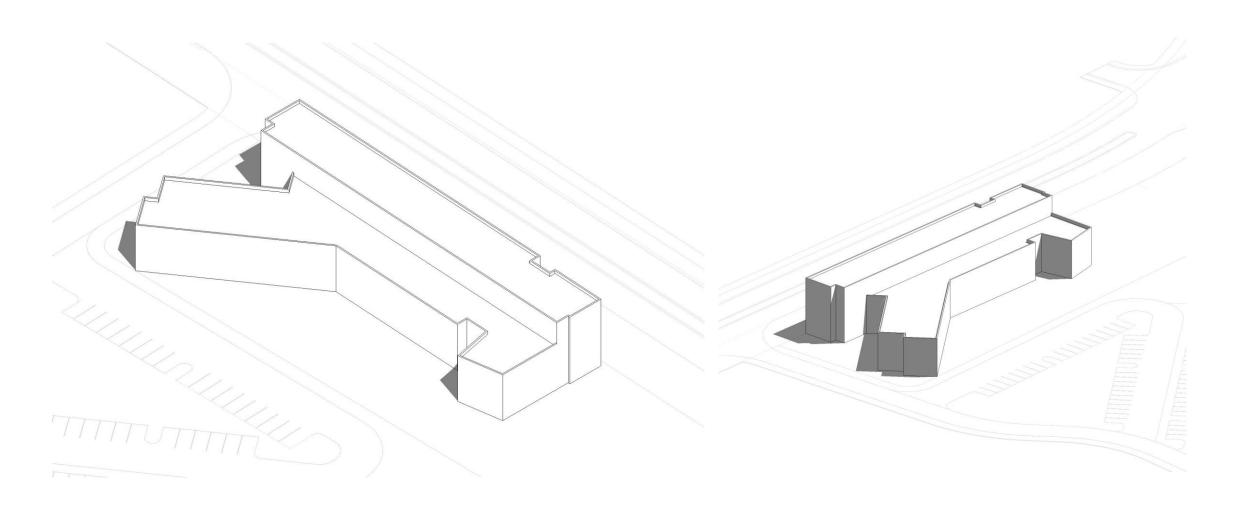


#### DIAGRAMMING - SCHEME 2











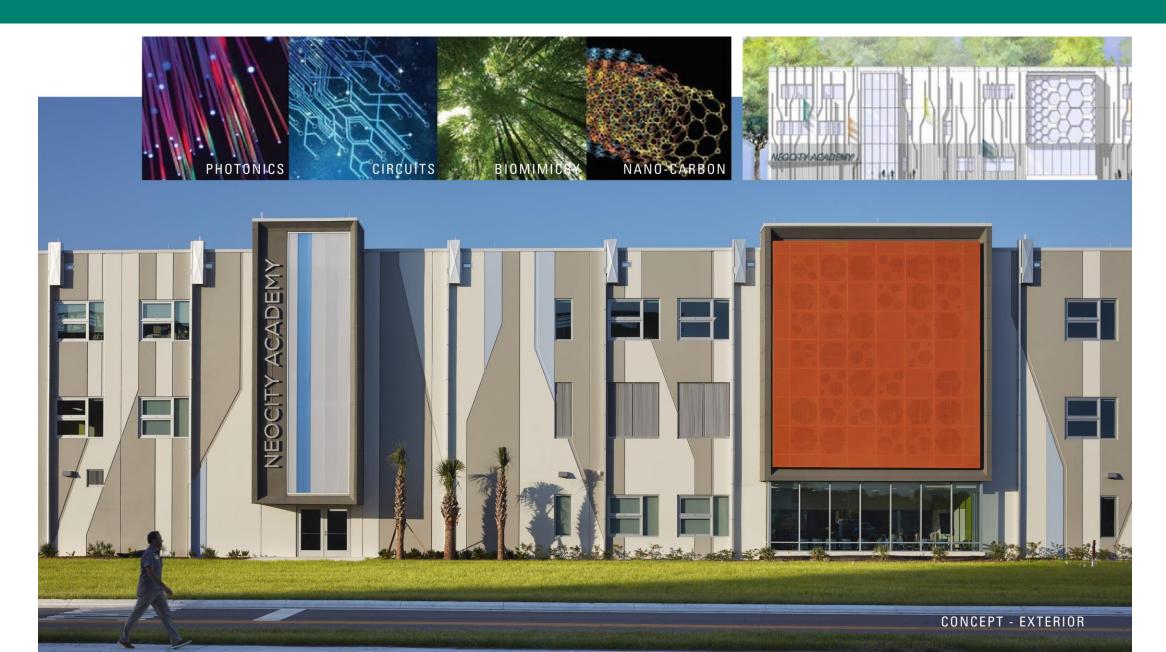
#### CONVENTIONAL CONSTRUCTION





INSPIRATION





#### DAYLIGHT / ENERGY HARVESTING

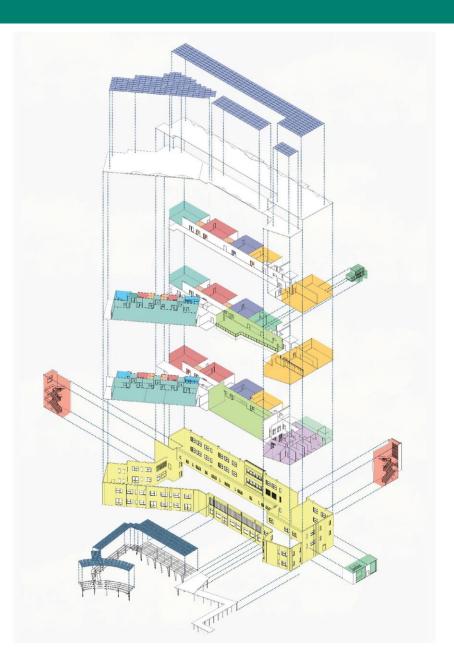




PLANNING







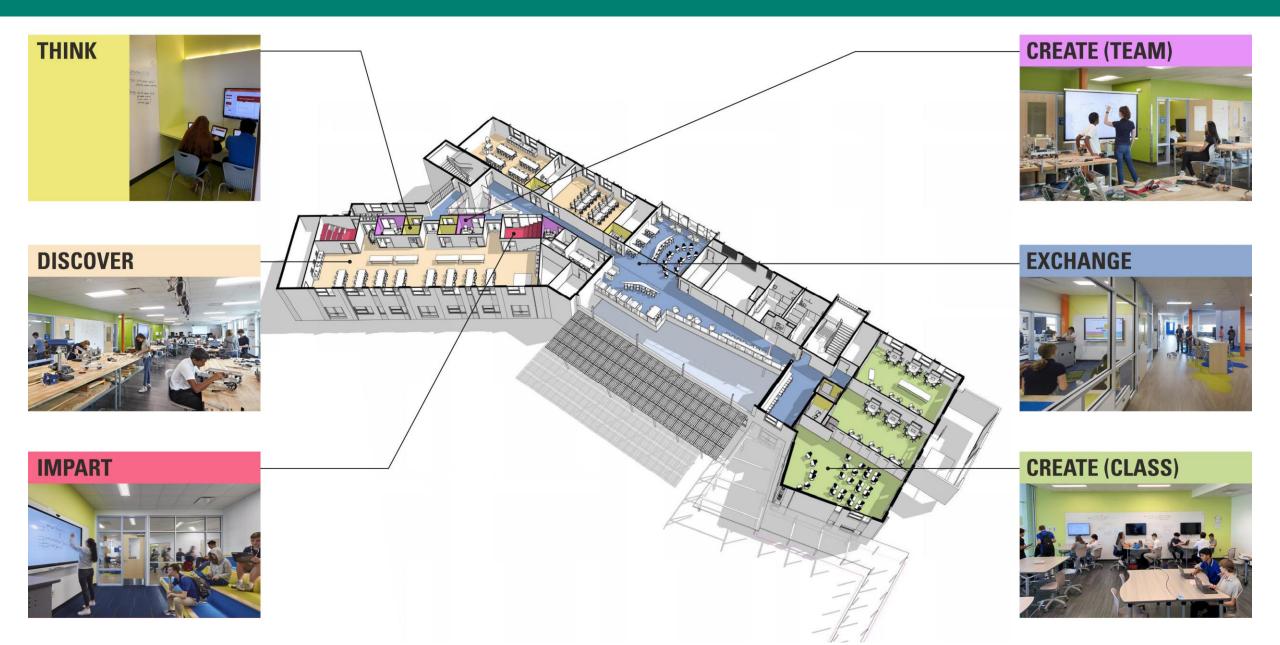
#### IMMERSIVE LEARNINGSCAPE



### **21ST CENTURY IMMERSIVE** LEARNING SPACES THAT **SUPPORT & ENHANCE** CURRICULUM HHHE **CREATE - TEAM** DISCOVER EXCHANGE THINK IMPART **CREATE - CLASS**

#### IMMERSIVE LEARNINGSCAPE





#### THINK





CREATE - TEAM





#### CREATE - CLASS





#### CREATE - TEAM





DISCOVER





IMPART





EXCHANGE





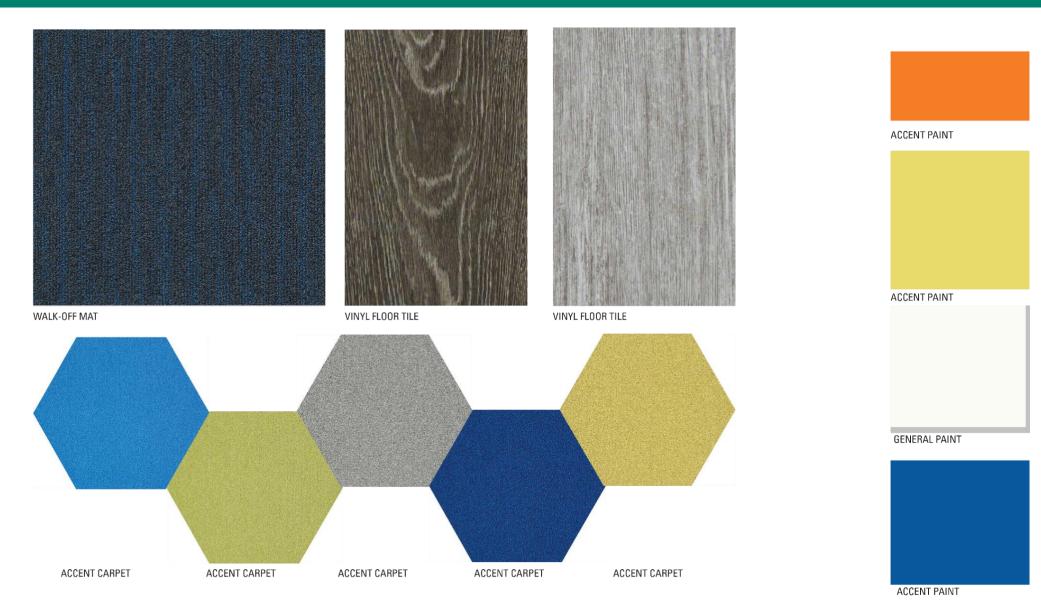
#### SCHOOL CULTURE



mastermove 4

#### MATERIAL PALETTE

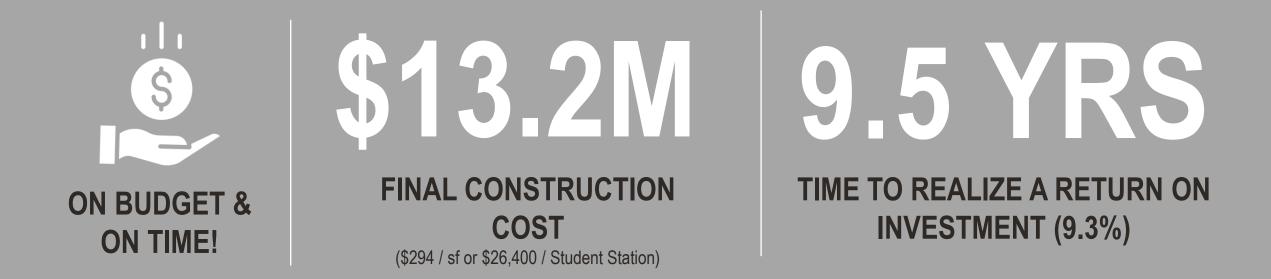




MATERIAL PALETTE: PUBLIC SPACES

# RESULTS

HIGH PERFORMANCE COST INFORMATION Constructed within the state mandated guidelines for school facility costs



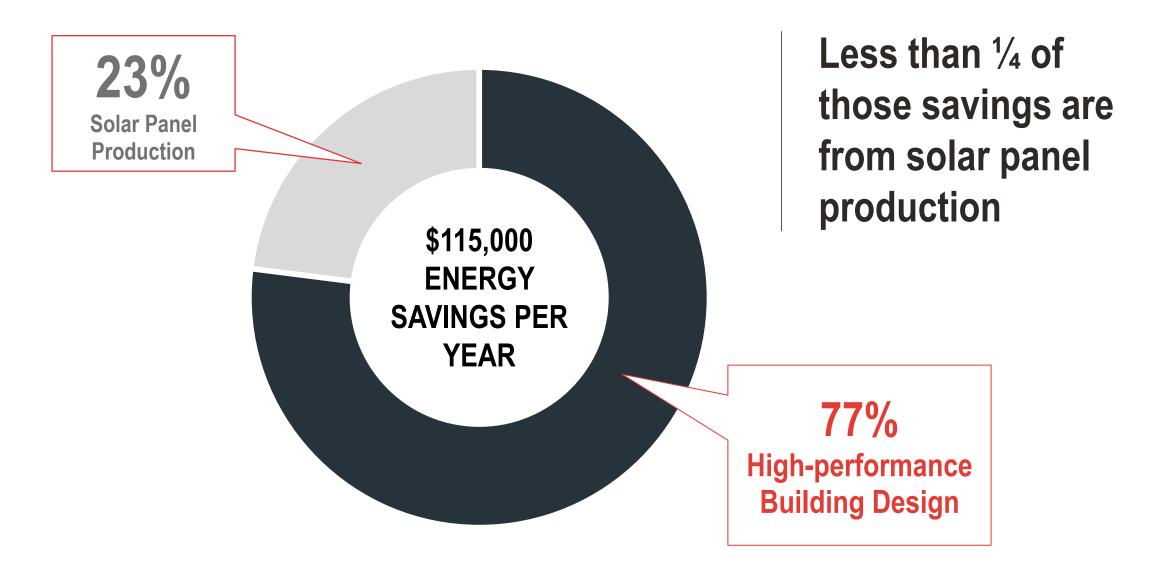




COSTS FOR IMPLEMENTING THE HIGH-PERFORMANCE FEATURES ROI of 4.5 years (4.4%) \$515K

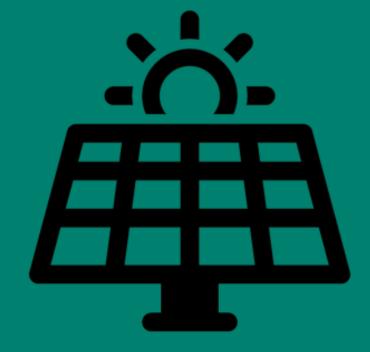
COST FOR FULL SOLAR ARRAY ON ROOF AND CANOPIES ROI of 8 years total when combined with other High Performance Features (3.9%) **NEOCITY ACADEMY** 





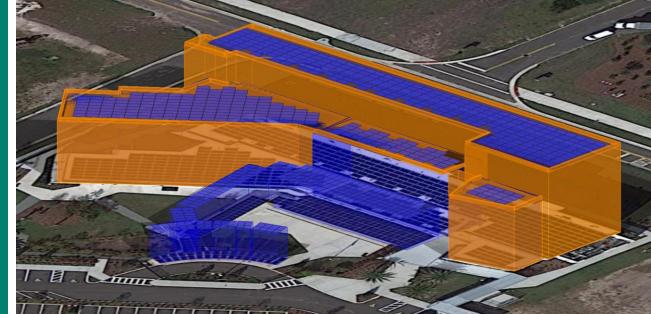
#### SOLAR PANELS

TOTAL: 650 470 SELF-BALLASTED ROOF MOUNTED 180 CANOPY MOUNTED



**228kW** OF ENERGY PRODUCTION





#### 2030 CHALLENGE -DESIGN STRATEGIES

**Results:** Through a low-tech approach to the design of the exterior skin, exterior details, and simple mechanical systems, this high performing school utilizes 76% LESS energy than similar schools.

- 1. One of the Tightest Buildings in the World
- 2. No Roof Penetrations = Reduced heat transfer + Less leaks
- 3. Cost-Effective + High Performing Skin. The tilt-wall concrete panels serve as the best air and water barrier
- 4. High Albedo Walls. The panels are coated with a high-performance paint on the exterior that helps to further reflect solar radiation

- 5. Energy-Efficient Glazing Daylight Harvesting
- 6. Small, Nimble and Efficient HVAC system
- 7. High Performing HVAC
- 8. DOAS Decoupled System of Fresh Air from Cooling System
- 9. Captured Condensate Water
- 10. Low Maintenance Design

- 11. Smart, Optimized Passive Roof Construction
- 12. Sensors and BAS System
- 13. All LED lighting
- 14. Energy Metering
- 15. Building as a teaching tool
- 16. WELL Inspired



#### LIFECYCLE COSTS (VS TYPICAL SCHOOL BUILDING)





**& MAINTENANCE COSTS** 









#### WHOLE BUILDING AIR LEAKAGE AREA OF ENVELOPE: 73,286 SF

**10,993 CFM** .15 cfm (at 75 Pascals) REQUIRED RATE



#### WHOLE BUILDING AIR LEAKAGE AREA OF ENVELOPE: 73,286 SF

### **1,970 CFM** .027 cfm (at 75 Pascals) TESTED RATE



#### HIGH PERFORMANCE BUILDING PREMIUM



# + 5.5% PREDICTED ROI = 6 YEARS



#### FULL ZERO-ENERGY BUILDING PREMIUM



# + 9.3% PREDICTED ROI = 9.5 YEARS

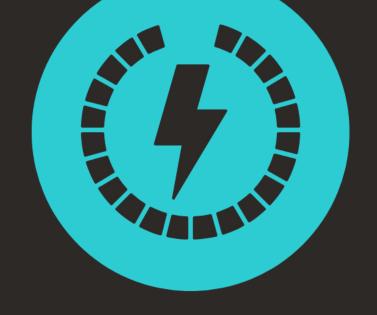


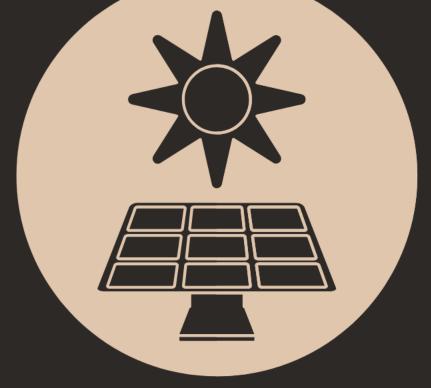
MEANINGFUL, SUSTAINABLE AND INTEGRATED DESIGN STRATEGIES THAT ENHANCE HUMAN

HEALTH, ENERGY EFFICIENCY, AND ENVIRONMENTAL STEWARDSHIP NEOCITY ACADEMY









# Q&A

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# **THANK YOU!**







#### TOMAS ELIAESON AIA, LEED AP

**DESIGN PRINCIPAL** *Little Diversified Architectural Consulting* 

#### TRACY STEWARD MBA, WELL AP

**PRINCIPAL** *CMTA Engineering* 

## SEAN TRACY

**PRINCIPAL** Little Diversified Architectural Consulting

# This concludes The American Institute of Architects Continuing Education Systems Course

Tomas Eliaeson, AIA, LEED AP Sean Tracy, AIA Tracy Steward LEED AP, WELL AP

